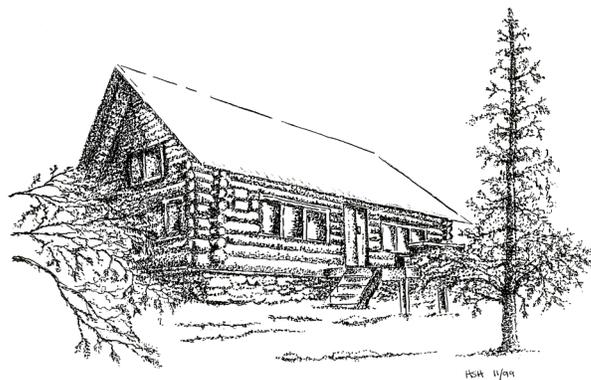


RIDGE LINES



GREEN MOUNTAIN CLUB
BURLINGTON SECTION

www.gmcburlington.org

Summer 2009

Summer is hiking time, but summer also brings long, lazy days perfect for sitting outside and reading. Here are some books that have intrigued, inspired, educated, astonished, amused or entertained GMC members.

Books about children and nature

Last Child in the Woods by Richard Louv – The author passionately describes a growing body of research pointing to the importance of nature for healthy child development.

A Natural Sense of Wonder by Rick Van Noy - A father's essays about his attempts to get his children outdoors all year long.

Adventure stories that take place far from Vermont

Between a Rock and a Hard Place by Aron Ralston – Alone, unable to call for help, with his arm wedged between two large rocks, Ralston had to choose between survival and a part of his own body.

Breaking Trail: A Climbing Life by Arelene Blum – Not many women have been leaders on mountaineering expeditions on the world's highest peaks. Blum led the American Women's Himalayan Expedition up Annapurna, setting aside some of her own goals to support the efforts of her teammates.

Into Thin Air by John Krakauer – Gripping and unforgettable story of disaster on Mt. Everest.

Books that make us think about what we buy and own

Confessions of an Eco Sinner by Fred Pearce - The author researches the sources of the stuff he owns, with fascinating and disturbing results.

The Omnivore's Dilemma: A Natural History of Four Meals by Michael Pollan - What environmental, ethical and health consequences can result from choosing food from industrial, large-scale, organic, local or personal food chains?

See page 2 for **Books about nearby mountains, hills and valleys**

Also Inside: New Feature: Critter Column - Brief Introductions to Animals With Whom We Share Vermont (page 2) ... Update on Appalachian Trail Celebration (page 2) ... Profile of a Shelter Adopter (page 3) ... One more story about being lost in Vermont mountains during the winter (page 4) ... Outings for June through September (pages 5 - 7) ... Correction (page 7)

Summer Reading - cont.

Books about nearby mountains, hills and valleys

Not Without Peril by Nicholas Howe – 150 years of accidents, bad luck, bad timing and sometimes plain stupidity on the highest peaks of the White Mountains

The ***Woodswoman*** series by Anne LaBastille and ***We Took to the Woods*** by Louise Rich – LaBastille alone in the Adirondacks, and Rich with her family in the backwoods of Maine, built homes and made lives cut off from many things that modern Americans consider necessary.

Reading the Mountains of Home by John Elder – reflections on a full year's hikes through forested uplands near Bristol, Vermont

Reading the Forested Landscape by Tom Wessels – After reading this book, you'll never take a walk again without looking for evidence of Vermont's geologic and human history.

A Walk in the Woods by Bill Bryson – Bryson's trek on the Appalachian Trail is sometimes lyrical and often hysterical.

Tracking and the Art of Seeing by Paul Rezendes – science, spirituality and tons of information about animals we might encounter when we're hiking

Also recommended - books by Bernd Heinrich, who taught at UVM until his recent retirement - including:

One Man's Owl – touching and funny story about living with a Great Horned Owl

The Geese of Beaver Bog – takes place Hinesburg!

Winter World – How do tiny birds, tree frogs and other animals stay alive through the northern winter?

The Trees in My Forest

A Year in the Maine Woods

And finally, Shelter Adopter Kerstin Lange, who is profiled on the next page, recommends the following books for summer reading:

Dream of the Earth by Thomas Berry.

The Beginning Place by Ursula Le Guin

The Critter Column

Brief Introductions to Animals With Whom We Share Vermont

BOBCAT

- Reddish brown with brown spots; darker overall in the winter
- From as little as 10 pounds to as much as 75 pounds – generally largest in the northern parts of their range
- Found in most of the lower 48 states and Canada (except in areas that are heavily urbanized)
Bobcats have traditionally been found in remote rocky parts of Vermont but have been seen in the Champlain Valley.
- Territory: minimum of a square mile, in any warm to moderate environment with good cover, prey and enough space to avoid humans
- Prefers cottontails and snowshoe hares, but known to eat fawns, beavers, muskrats, squirrels, opossums, shrews, voles, fish, birds, insects
- Usually hunts by stealth, ambush and patient waiting; almost always hunts at night
- Solitary and reclusive
- Mates in early spring; kittens born around the end of April or beginning of May
- Sometimes makes scent posts by pawing forest debris into a mound and spraying on it

Appalachian Trail Festival

Volunteers are still needed!

When: July 17-24, 2009.

Where: Castleton State College, Castleton VT

What: A Major Party! - hikes, other excursions, workshops, vendors, exhibitions, food and entertainment

There are still plenty of volunteer opportunities. Go to **www.Vermont2009.org** or contact:

Kathy Astrauckas, 802-785-4311 **or**
kabh@earthlink.net or

Jean Anderson, 802-657-3540 **or**
jeanoutdoors@aol.com or

Trina Perkins, 802-295-6456 **or**
trinaperkins@comcast.net

Here's a specific request for help:

Russ Kinaman will be leading two hikes at the Appalachian Trail Festival in July and needs to find a co-leader. He'll be taking groups to Mt. Abraham on July 18 and Mt. Ellen on July 19. If you'd like to be a co-leader, please contact Russ directly at 879-6666.

Every one of the Green Mountain Club's shelters, lodges and tenting areas has a volunteer "adopter." Adopters regularly check on the condition of their sites and do basic maintenance. They can also organize a volunteer crew if needed. Adopters fill out adopter reports to keep the GMC's field coordinator up-to-date about work that's been done and about any major repairs that might require a professional crew. Here's a profile of one of our shelter adopters.

Shelter Adopter Profile: Kerstin Lange

By Valerie Wilkins

When Kerstin Lange was a child hiking with her parents in the Black Forest of Germany, one of the only things that would get her out on the trail was the promise of ice cream at the end of the day. These days, Kerstin doesn't need ice cream to coax her into the woods. The rewards of hiking come from the physical and spiritual discoveries she makes along the way.

Kerstin began to have a deeper appreciation of the woods in the early 1990s, when she was working on a Masters in Anthropology at Binghamton University in south-central New York. She spent a lot of time exploring and enjoying the University's on-campus nature preserve and the more rugged Adirondack Mountains, where she learned more about what it means to live in the wilderness.

In 1995, Kerstin applied for a job with the Green Mountain Club and was hired as the caretaker for Butler Lodge on Mt. Mansfield. She thoroughly enjoyed Vermont, the people and the woods, so she returned the next summer as caretaker for the Battell Shelter on Mt. Abraham. She helped maintain the shelter, the composting toilet, and the area trails. She also served as an ambassador for the Green Mountain Club, welcoming hikers and educating them about the natural area. Kerstin loved living in the mountains and spending time with interesting people who were hiking through or working as caretakers in nearby shelters.

Kerstin settled in Burlington after a few summers in the mountains. Eager to continue her association with the GMC, she volunteered as the Shelter Coordinator for the Burlington Section for a few years. In 1998, Kerstin became the Shelter Adopter for the Duck Brook Shelter in Jonesville, taking over from Pirk and Dot Pirkanen, who had been dedicated stewards of the shelter for 30 years. Duck Brook Shelter is an open-frame building with space for twelve, built by the Long Trail Patrol in 1966. Kerstin hikes to the shelter three to six times each year and submits regular reports to GMC Headquarters. She keeps the composting toilet going, carries out any trash, checks that the fire pit is properly located, and makes minor repairs as needed.

Kerstin has also been involved with two major projects at the shelter. In 1999, she worked with Leo Leach and friends from a construction company to re-roof the shelter. A few years later, in 2004, a tree fell on Duck Brook Shelter during a storm. Dave Hardy from GMC Headquarters worked with volunteers to clear away the tree, and then Kerstin and Shelter Coordinator Chris Hanna stabilized the shelter, which had been weakened from the tree's impact.

Kerstin loves returning to Duck Brook Shelter. The hike to the shelter has become very familiar to her, yet each time she goes she discovers something new. Part of her life's work (she earned a Masters in Ecological Planning from UVM in 2003) is "uncovering the special patterns and features in the landscape and understanding the underlying processes that have shaped them." She likes to take the time to look closely and observe. The woods change with the seasons, Duck Brook ebbs and flows, the animals and birds come and go, and new trees sprout up and old ones fall into decay with the passing years.

For Kerstin, being in the wilderness is an extension of her spirituality. One of her favorite quotes is from Ralph Waldo Emerson: "In the woods we return to reason and faith." In these challenging times, the wilderness offers us a place to go to find beauty and inspiration, whether on our own or in the company of friends. The Green Mountain Club and volunteers like Kerstin Lange are wonderful stewards of the Long Trail, keeping special places like Duck Brook Shelter available for us all to visit and enjoy.

Lost On Mount Mansfield

By Daan Zwick

In January of 1940 Larry Dean, who was probably the most active of the Burlington Section members and a dedicated scoutmaster, led a group of boy scouts on a winter hike to Taft Lodge.

They had been dropped off on a Friday evening at the Sunset Ridge trailhead on the west side of Mount Mansfield. Their plan was to ascend the Laura Cowles Trail and then descend the east side to Taft via the Profanity Trail. It was snowing hard with a strong west wind, but the boys made good time and it took less than two hours for them to reach the flat area at the Long Trail junction. The west wind had died down, so they stopped there to rest a bit and share a chocolate bar before negotiating the short but rough Profanity Trail.

The wind and snowfall had started up again while they were resting, so they did not stay very long. Visibility was very poor but Larry used the west wind at his back to guide him eastward off the ridge to the Profanity Trail. He soon found a trail that dropped steeply off the ridge, and the Scouts followed him into the relative shelter of the lee of the ridge.

Larry was puzzled when the expected Taft Lodge did not appear. He had used this trail dozens of times and knew that it went directly to that cabin, with no side trails on which to stray off. Something was wrong, but there did not appear to be any alternative, so the group just kept on going down the trail.

Taft Lodge never did appear; that trail ended at the road at the trailhead to Sunset Ridge, right where the hike had started about four hours before.

With that orientation, Larry realized that the wind he had used as a guide had no longer come from the west. Instead of leading his troop east to the Profanity Trail, he had led them west, right back to the Laura Cowles Trail that they had just climbed up.

It was a tired and sleepy Scout troop that finally made it to Taft Lodge, well after midnight.

- continued next column -

The Burlington Section did not let this event go unrecognized. At their annual meeting that spring, Roy Buchanan, in his capacity as Professor of Electrical Engineering at UVM, presented Larry with a large iron nail suspended from a string. His instruction to Larry was to bring that nail to Roy whenever he got lost, and Roy would magnetize the nail so Larry would have a compass to guide him, rather than having to depend on the fickle wind. Larry also received a bright plaid tam-o'-shanter with a bell on the top, so he could be found more easily.

Postscript: I remember seeing Larry in the Adirondacks about thirty years later, and he was still wearing the hat with the bell on it. - Daan Zwick

In the note accompanying his story, Daan wrote, "My hiking is pretty limited now as the forces of gravity become greater and my muscles less responsive, but fortunately, my mind is holding up. I have been writing lots of stories. There are not many people around now who can challenge me on the truth of my memoirs, so I can be creative with them."

There are many other Burlington Section members who have cut down on hiking because of the forces of gravity on muscles, tendons, knees and hips - but who remember countless backwoods adventures.

We'd love to hear from you!

Contact Maeve at 899-4327.

Behind the Scenes In 2003, Laura Philipps signed on as co-editor of *Ridge Lines*. Since then, Laura has gotten married, moved to the southeastern corner of the state, and had a baby. She and her husband are also building their own house. Even with her busy life, she continues to proofread every page of the newsletter, making thoughtful suggestions and corrections.

Thanks, Laura!

Section Outings

Summer 2009

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. Check with trip leader before bringing your pet along. Guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of 10 cents a mile.

June

6/6 (Sat) **National Trails Day Trail Work** Join in this nationwide celebration of hiking trails by clearing the Long Trail or side trails. Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8AM or Richmond Park & Ride (Exit 11) at 8:30AM. Moderate hike at a moderate pace, 4 to 10 miles. Pam Gillis and John Sharp, 879-1457, 862-3941 or email pgillis@us.ibm.com

6/7 (Sun) **Whiteface Mountain From Smugglers Notch** Smugglers Notch, Sterling Pond, then Long Trail over Madonna and Morse Mountains, to Whiteface Mountain and return. Difficult hike at a strong pace, ~11 miles, 4000' elevation gain. Group limit 10. Contact leader by 6/5. David Hathaway, 899-9982 or David.Hathaway.78@gmail.com

6/12 (Fri) **Mt. Ellen via Jerusalem or MRG Ski Trails** Take Friday off and join us in bagging one of the beauts on the Monroe Skyline (4083'). We'll have several options on which trails to use, depending on folks' desires. Moderate, 10 miles. Bring your enthusiasm. Dogs and well-behaved humans welcome. Call leader by 6/11. Pete Saile, 658-0912 or airhead82@burlingtontelecom.net

6/13 (Sat) **Mt. Abraham** From the top of Lincoln Gap, we'll hike the Long Trail north to the top of Mt. Abraham, where there are great 360-degree views. Moderate hike at moderate pace, 5.2 miles round trip with 1700' elevation gain. Sheri Larsen, 878-6828 or larsen007@aol.com

6/14 (Sun) **Burnt Rock Mountain** We'll hike from North Fayston to Burnt Rock Mountain via the Hedgehog Brook and Long Trail, through nice woods and along the summit ridge. (Steep in some places.) We'll see a small glacial pothole on the ridge and have spectacular 360-degree views. Moderate hike at a moderate pace, 5.2 miles, 2000' elevation gain. Peter Cottrell, 879-0755 or pcottrel@myfairpoint.net

6/19 (Fri) **Forest City to Montclair Glen** Skip work and hike up to the newly renovated Montclair Glen Lodge on the approach trail to Camels Hump. We'll follow the Forest City Trail up and back. Suitable for all levels. Moderate hike at a moderate pace, 4.4 miles. Linda Evans, 899-3006.

6/20 (Sat) **Adirondack Waterfalls** This hike in the Ausable Lakes area of the Adirondacks passes many scenic waterfalls and cascades. It will be a full day; we may take advantage of the long hours of daylight. Moderate hike with slow pace, about 10-12 miles. Contact leader in advance. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

6/21 (Sun) **Mt. Ellen** Join me and my father for this Father's Day outing. Bring your Dad, too, if you are able. Moderate hike with strong pace, 8.6 miles, 2580' elevation gain. Group limit 15. Well-behaved dogs only. Contact leader by 6/19. Robynn Albert, 878-4036 or robynnalbert@hotmail.com

6/27 (Sat) **Mt. Hunger via Waterbury Trail (Dog Friendly)** Get out and bring your eager dogs and we'll hike Mt. Hunger via the Waterbury Trail to get some of the best views in Vermont. Moderate with moderate pace, 4 miles, 2290' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 6/25. Kelley Mackison, 999-7839 or kelleymackison@gmail.com

6/28 (Sun) **Taking the Subway to Mansfield** We'll go up the Halfway House Trail then take Canyon North, Canyon North Extension and Subway to the Mansfield Ridge, then to the top and down Sunset Ridge. The canyons all involve a significant amount of scrambling with some exposure. Very difficult hike at a strong pace, 8 miles, 3000' elevation gain. Group limit 10. Contact leader by 6/26. Richard Larsen, 878-6828 or larsen007@aol.com

6/28 (Sun) **Missisquoi National Wildlife Refuge (Dog Friendly - Leashes Required)** Hike multiple trails at the Missisquoi National Wildlife Refuge in Swanton. Easy, 3.0 miles or more if group wishes, with no ascent. Leisurely pace. Group limit 8. Call leader by 6/27. Robert Chaperon Jr., 868-5132 or chaperor@myfairpoint.net

July Activities

7/4 (Sat) **Camels Hump via Burrows Trail** Join me for what will be a spectacular evening of fireworks on the summit of this great VT mountain. We will witness dozens of area holiday colors in the sky! Easy to moderate hike at a strong pace, 4.8 miles, 2200' elevation gain. HEADLAMP REQUIRED. Contact leader by 7/2. Robynn Albert, 878-4036 or robynnalbert@hotmail.com

7/11 (Sat) **Sterling Pond** We'll hike up to Sterling Pond from Smugglers Notch (Route 108), spend some time enjoying the beauty and then hike around the pond. Lunch will be on an overlook facing Smugglers Notch and Mt. Mansfield. Call leader for time and place to meet. Easy to moderate hike at a moderate pace, 4 miles, 1000' elevation gain. Contact leader by 7/9. Russ Kinaman, 879-6666.

July – cont.

7/12 (Sun) **Mobb's Farm – Jericho (Dog Friendly)** Easy hike on Jericho Town trails. Leisurely pace, 4 miles, 500' elevation gain. Enjoy Mill Brook and waterfalls, then end with a picnic lunch at leader's place by Mill Brook. Group limit 12 people, 6 dogs. Contact leader by 7/10. Pam Gillis, 879-1457 or pgillis@us.ibm.com

7/18 (Sat) **Cooley Glen-Emily Proctor Loop (Dog Friendly)** Hike up the Emily Proctor Trail through the Breadloaf Wilderness to the Long Trail north, crossing Mounts Wilson (3745'), Roosevelt and Cleveland before heading down the Cooley Glen Trail and crossing the New Haven River several times to the parking lot. Trailhead is southeast of Bristol and south of Lincoln Gap in Addison County. Moderate hike at a moderate pace, 13 miles, 3120' elevation gain. Group limit 6. Ted Albers, 985-9064 or ted@ted-albers.net

7/25 (Sat) **Mount Ellen** We'll climb the Jerusalem Trail both up and down. Contact leader for details. Bob Lang, lang@gmavt.net

7/26 (Sun) **Killington Peak Via Bucklin Trail (Dog Friendly)** Impressive views of the Green Mountains, Adirondacks, and White Mountains are the reward for climbing this second highest peak in Vermont. We'll hike up the Bucklin Trail for 3.3 miles and then continue on the Long Trail to Killington Peak. As always, we'll enjoy cookies and lunch before heading back to the trailhead. Moderate to difficult hike at a moderate pace, 7.4 miles, 2500' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 7/24. Kelley Mackison, 999-7839 or kelleymackison@gmail.com

7/31 (Fri) **Lincoln Gap to Appalachian Gap (Dog Friendly)** We'll be hoping for nice weather like we've had in the past for this Monroe Skyline, 12 mile, full day hike along the spine of the Long Trail. Come join us on a Friday and start the weekend off right. There's usually a varied and enthusiastic group who'll be treated to wonderful views, vistas and undulating ridge terrain. Bring your binocs as we proceed North from Lincoln Gap over several 4000' peaks to Appalachian Gap. Dogs and their well-behaved humans welcome. Beverages and snacks at the end!! Bring your enthusiasm and energy. Contact leader by 7/30. Pete Saile, 658-0912.

August Activities

8/1 (Sat) **Blueberry Cobbles - ADK** This little mountain has an open top and many views. Bring pails; some years we get lots of blueberries! The hike is worthwhile whether or not we get many berries. Easy to moderate hike at a slow pace, 4.7 miles, but can be extended if the group wants. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

8/2 (Sun) **Mt Abraham** We will spot vehicles at the Battell Trail head and drive to Lincoln Gap to hike the Long Trail to the summit of Mt. Abraham. We will return via the Battell Trail. Moderate to difficult hike at a moderate pace, 5.5 miles. Contact leader in advance. Carlene Squires, 434-2533 or carlene@gmavt.net

8/8 (Sat) **Mount Marcy - ADK** An early start, and up and down the Van Hoevenberg Trail from Adirondack Lodge, a long day adventure. Difficult+, strong pace, 15 miles, 3200' elevation gain. Group limit 10. Contact leader by 8/6. Richard Larsen, 878-6828 or larsen007@aol.com

8/9 (Sun) **Five Pond Tour – NY** We will be starting at Putnam Pond camp ground, west of Ticonderoga NY off Route 74. We'll hike a loop trail past 5 beautiful ponds. Moderate pace, 4 to 5 miles. Group limit 10. Contact leader in advance. Len Carpenter, 655-3071 or Lennysworld@myfairpoint.net

8/15 (Sat) **Maple Ridge, Rock Garden, Butler Lodge Trails** From the Stevensville Road trail-head, we will hike up Maple Ridge to Rock Garden and enjoy the unique rock formations as well as a sunrise or two, then have lunch at picturesque Butler Lodge. We will head back down the Butler Lodge Trail. Call leader for time and meeting place. Moderate hike, moderate pace, 4.3 miles, 1500' elevation gain. Contact leader by 8/13. Russ Kinaman, 879-6666.

8/16 (Sun) **Mt. Moosilauke - NH** We'll get an early start from Vermont, drive to Glencliff NH, and climb Mt. Moosilauke via a loop of the Glencliff, Tunnel Brook, and Benton Trails. Difficult hike at a strong pace, 13.3 miles, 4000' elevation gain. Group limit 10. Contact leader by 8/14. David Hathaway, 899-9982 or David.Hathaway.78@gmail.com

8/22 (Sat) **Madison Gulf Trail - Presidential Range, NH** We will approach Mount Madison through the Great Gulf Wilderness via the Madison Gulf Trail, one of the most challenging trails in the White Mountains. This will be a fun scramble up a steep, rocky ravine to a beautiful alpine summit. Bring proper footwear, plenty of food and water and extra clothing for the summit. Very difficult hike at a moderate to strenuous pace, 12 miles, 4200' elevation gain. Group limit 8. Contact leader by 8/20 to reserve space on the trip. Paul Houchens, 399-7647 or houchens@comcast.net

8/23 (Sun) **White Rock and Mt. Hunger** From the Middlesex trailhead, we will do a loop hike that goes first over White Rock Mountain and then Mt. Hunger. Moderate difficulty and moderate pace, 6.3 mi., approx. 2000' elevation gain. Contact leader by 8/21. Sheri Larsen, 878-6828 or Larsen007@aol.com

8/29 (Sat) **Laraway Mountain** From the Davis Neighborhood Trail, we'll head over to Coddington Hollow, follow the Long Trail up over Laraway Mt., and return. Moderate hike with a strong pace, ~8.2 miles, ~1600' elevation gain. Group limit 10. Contact leader by 8/28. David Hathaway, 899-9982 or David.Hathaway.78@gmail.com

August – cont.

8/30 **Camels Hump via Monroe Trail (Dog Friendly)** Bring your dog and let's hike to one of the finest peaks in Vermont via the Monroe Trail. Don't forget the leash for the pooch for the summit since Camels Hump has one of the state's few fragile alpine vegetation zones. Moderate hike, moderate pace, 6.8 miles, 2600' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 8/28. Kelley Mackison, 999-7839 or kelleymackison@gmail.com

September Activities

9/5 (Sat) **Laraway Mountain** We will ascend the Frank Post Trail and descend the Foresters Trail, "bagging" a few of the side-to-side trails. Moderate to difficult hike at a strong pace, 7.5 miles, 2000' elevation gain. Group limit 10. Contact leader by 9/3. Richard Larsen, 878-6828 or larsen007@aol.com

9/6 (Sun) **Mount Hunger** The hike up Mount Hunger offers great views of Mt. Mansfield, the Worcester Range, Waterbury Reservoir, and Camels Hump. If the weather cooperates, we might even see the White Mountains. Moderate hike, moderate pace, 4 miles, 2330' elevation gain. Group limit 10. Contact leader by 9/4. Kathy Adams, 399-8687 or hikeradams@hotmail.com

9/11 (Fri) **Work Hike to Duck Brook Shelter** We will most likely take the short cut to the shelter in order to carry some paint supplies, chainsaws and other heavy equipment. There's the option of sleeping over if anyone is interested. Moderate with relaxing pace. Call Linda Evans, 899-3006.

9/12 (Sat) **Burnt Rock Bushwhack** This is a bushwhack starting from the end of Trapp Road in Huntington, reaching the LT near the end of Hedgehog Brook Trail, then ascending to the summit of Burnt Rock Mountain via the LT. Moderate hike, moderate pace, 5 miles, 1700' elevation gain. Group limit 8. Contact leader by 9/10. Joe Frank, 862-1816 or jefrank2@gmail.com

9/13 (Sun) **Montclair Glen and Allis Trail** A nice hike along a brook with many rapids to Montclair Glen Lodge, which is being rebuilt this summer. Beyond Montclair Glen, the Allis Trail makes a short half-mile loop with an excellent view of Camels Hump. Moderate hike at a slow pace, 4.5 miles. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

9/19 (Sat) **Hedgehog Brook** From the Fayston Trailhead, we'll hike up the Hedgehog Brook Trail to the Long Trail and then north to Burnt Rock. This is a pretty spot for relaxing and having lunch. We should catch the early fall colors. Moderate hike, moderate pace, 5.2 miles, 1000' elevation gain. Contact leader by 9/17 for information about time and place to meet. Russ Kinaman, 879-6666.

9/20 (Sun) **Hurricane Mountain – ADK** This is an out-and-back hike to a peak with good views of both the Green Mountains and the Adirondacks. Moderate difficulty, moderate pace, 5.2 miles, approx. 2000' elevation gain. Contact leader by 9/18. Sheri Larsen, 878-6828 or Larsen007@aol.com

9/26 (Sat) **Lincoln to Appalachian Gap (Dog Friendly)** The timing of this ridge walk should be perfect for full fall foliage. We'll start in Lincoln Gap, climb 4006' Mt. Abe, then move on to 4083' Mt. Ellen, and Lincoln Peak and work our way to Appalachian Gap. This full-day hike will provide many opportunities for beautiful views from summits, ski trails and resorts. We'll be out 6-8 hours to allow for many snack breaks, camaraderie and time to enjoy your fellow hikers. Difficult hike at a moderate pace, 11.6 miles, 1600' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 9/24. Kelley Mackison, 999-7839 or kelleymackison@gmail.com

9/27 (Sun) **Rocky Peak Ridge via Blueberry Cobble** Hike along an open ridge with extraordinary views of the Adirondacks and Champlain Valley and climb the 20th highest peak in the Adirondacks. Difficult hike, strong pace. Contact leader in advance. Peter Cottrell, 879-0755 or pcottrel@myfairpoint.net

TWO YEARS??

TWO HUNDRED YEARS??

WHAT'S THE DIFFERENCE???

Apparently none - at least not for an editor with a fever.

The March issue of *Ridge Lines* had an article about the upcoming celebration of the Appalachian Trail, to be held July 17-24 in Castleton. We said the week-long event would mark the **200th** birthday of the AT.

We *all* know that the **Long Trail** is the nation's oldest long-distance hiking trail – and it's not quite a hundred years old, having been started in 1910.

Editor Maeve Kim read "The AT's *Biennial* Celebration" and changed it into a *bicentennial* celebration. Her only excuse is that she had a high fever for four days while the March issue was being finalized.