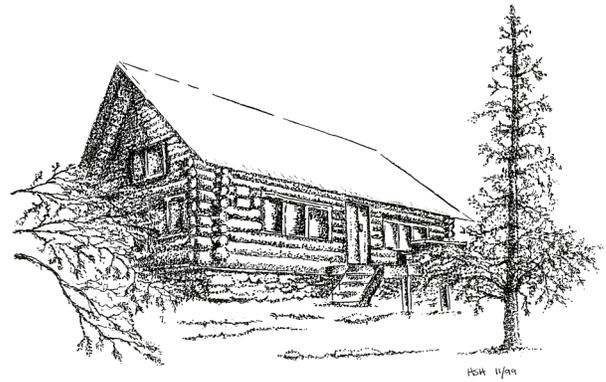


RIDGE LINES



GREEN MOUNTAIN CLUB
BURLINGTON SECTION

www.gmcburlington.org

Winter 2010-2011

TWO EVENTS YOU SHOULDN'T MISS!!

Burlington Section Annual Meeting

Our section's Annual Meeting will be held on Saturday, January 29, 2011, at the Faith United Methodist Church, 899 Dorset Street, South Burlington.

- 5:00 – 5:45 Socializing
- 5:45 – 6:45 Dinner
- 6:45 – 7:45 Business Meeting
- 7:45 – 8:00 Break and Set Up for Speaker
- 8:00 Exciting Program (see below)
- 9:00 - Q & A

Please RSVP so we can make sure we have enough lasagna! See the form on the back of this newsletter.

Program: In the summer of 2010, Green Mountain Club members Marc and Peggy Faucher embarked on a trekking adventure in the remote Pamir Mountains of Tajikistan in Central Asia. Among the world's highest mountains, the Pamirs climb to over 20,000' and contain many glaciers, lakes and high mountain meadows. After their mountain trek, Marc and Peggy explored the great Silk Road cities of Samarkand and Bukhara in Uzbekistan. Join us for an exotic evening in Central Asia.

GMC's 15th Annual Snowshoe Festival

Saturday, February 5, 2011 - 8:30AM to 3PM - GMC Visitor Center, Waterbury Center

Bring friends and family for an invigorating day of guided snowshoe tours to local peaks and trails, indoor and outdoor kids' activities, educational workshops, nature walks, a raffle, hot chocolate, snacks and more. Last year, approximately 200 snowshoe aficionados enjoyed the Festival! Admission includes snowshoe demos so you can try out different brands and types. \$8 members/\$10 nonmembers; kids under 12 are free.

We need volunteers to lead hikes and workshops, park cars, sell tickets, staff the food concession, and help with set-up and clean-up. For more information about the event or volunteering, contact Mari Zagarins at (802) 244-7037, ext. 24 or mzagarins@greenmountainclub.org.

One Hundred Years of History - We've dedicated all four 2010 issues of *Ridge Lines* to GMC's 100th birthday. On page 2 of this issue, we feature the amazing volunteer behind many of the birthday events.

Also in this issue:

Mail from Readers - page 3

Changes in Hiking and Backpacking Through the Years - page 4

Safety Tip - page 4

Outings and Activities - pages 5 - 7

Profile of GMC's Volunteer of the Year

Sue Girouard of the Burlington Section was recently named GMC's Volunteer of the Year for her outstanding contributions to the club's Centennial Celebration. Sue has been involved with the Green Mountain Club for about a quarter of a century and has held many leadership roles – but it was her work on the club's Centennial Celebration that clinched her nomination. In announcing the Volunteer of the Year award, the GMC wrote:

While in past years it has been an impossible challenge for the Nominating Committee to select GMC's Volunteer of the Year award from the pool of individuals who contribute their time and talents to the club, the choice for the 2010 nominee was effortless and unanimous.

Interview and article by Valerie Wilkins, with input from Sue Girouard, Maeve Kim and Laura Philipps

In 2006, with the Club's 100th birthday still a few years away, the GMC formed an exploratory committee to consider ideas for a Centennial Celebration. Sue Girouard participated in these early discussions. When the planning began in earnest in 2009, she was urged to serve as Chair of the Centennial Committee and eventually agreed to do so. Under Sue's leadership, the Committee started to flesh out the details of events that would become the centerpieces of the Centennial Celebration: 1) a birthday bash in Burlington, to mark the founding of the club; 2) a celebration dinner at the Trapp Family Lodge in Stowe; and 3) a relay hike over the length of the Long Trail for 30 days in July and August, with a barn dance in South Londonderry to kick off the event.

Those who attended the birthday party in Burlington on March 11 were treated to an evening of history and celebration. The entertainment included a skit titled *Pedestrian's Paradise* that was written by Sue and GMC Executive Director Ben Rose. To develop the script, Sue spent many hours poring over the papers of historic GMC figures such as Taylor, Dean, Monroe and others. "Their correspondence offered insight into the early struggles of the Club. I started with the bare facts and Ben gave it life!" Sue and Ben worked to ensure that the performance had the right mix of history, humor, and dramatic tension. In addition, Sue recruited several cast members, played key figures in the club's history, and sewed the porcupine costume worn by Dot Myer. She even overcame her natural dislike of the limelight to become master of ceremonies. Sue's dedication, organizational skills and sense of humor were evident throughout the entire event.

Looking back on the Centennial Celebration, Sue is very pleased with the results. She has been moved by the number of people who turned out for the events and by their descriptions of what the GMC has meant to them. The Centennial Celebration was a fitting tribute for an organization that has remained true to its primary mission for the past 100 years—to make the Vermont mountains play a larger part in the life of people by protecting and maintaining the Long Trail system and fostering, through education, the stewardship of Vermont's hiking trails and mountains.

Sue is quick to point out that none of the birthday events would have been possible without the enthusiasm, creativity, and dedication of the rest of the Centennial Celebration Committee, GMC staff and many volunteers—and, of course, the participation of folks that attended the events!

Sue was also instrumental in producing a traveling exhibit that highlights the connection between GMC and LT. "A lot of folks are aware of one or the other but don't necessarily see the link between the Green Mountain Club and the Long Trail." The exhibit, produced in conjunction with Historic New England's 100 Years/100 Communities project, has been well received during its travels to libraries around Vermont this summer and fall.

Looking ahead to the next few months, Sue will continue to spread the word about GMC and the Long Trail. Along with Marge Fish, GMC President, Sue will be shepherding the traveling exhibit around the state. She'll also be helping with Project 10,000: the goal of having 10,000 GMC members by the end of the Centennial year.

GMC Volunteer of the Year – cont.

This winter, Sue will take some well-deserved time off. She has a hooked rug in progress (for which she is dyeing much of her own wool) and will be doing some traveling to warmer climates with her husband Leo. She'll be back out on the Long Trail in the spring, though, to finish up the handful of sections she has left to complete the trail.

Talking with Sue in her cozy kitchen over a cup of tea and her homemade apple cake, I quickly got a sense of her love of the Long Trail, the Green Mountain Club, and the people she's met along the way. Sue strongly encourages others to volunteer for the GMC in whatever capacity would give them most satisfaction—doing trail or shelter work, working on a bulk mailing with the “Thursday Volunteers” in Waterbury, serving on a committee, helping with an event, etc. For Sue, volunteering with the GMC has been a tremendous amount of fun and a wonderful way to honor the Long Trail and its special place in Vermont.

Volunteer with the Burlington Section!

The Burlington Section has many opportunities for members looking to get more involved with the GMC. Join a work crew for trail maintenance, lead a hike, help with an event, serve on the Executive Committee, write an article for *Ridge Lines*, and more! For more details, please contact Phil Hazen at 355-7181 or via email at philhazen@comcast.net. In addition, each issue of *The Long Trail News* has a list of volunteer opportunities at the main club in Waterbury.

Correction

In the September issue, we misspelled the name of one of the organizers of the famous Oyster Stew dinners at Taylor Lodge. These events were organized by DON and Bev Remick.



MAIL from Our Readers

From Madeline Miles: *Those 2 articles of Dot's brought back many memories. I was on those Oyster Stew trips and remember well those incidences you mentioned. The Then and Now article illustrated that I was in the transition era and I'm glad of it. What interesting experiences. My first sleeping bag preceded the lined flannel. Mine was a blanket roll laid on a poncho and I still know how to make one but I'm glad I don't have to use it.*

From Pete Davis in Crested Butte Colorado – Pete has been a Burlington Section member for decades. He is now in his 15th year as an active member of the Crested Butte Search and Rescue Team, which was called out 20 times in 2009! Along with his letter, Pete sent a generous contribution for buying tools that will be used in trail or shelter maintenance.

I believe my first Oyster Stew hike was in February 1957. I went in on my (old) Hickory downhill skis and used WWII surplus skins. As I had hiked to Taylor in summer, I was aware of the quite steep downhill in the final approach to Taylor. I remember turning my skins around for the downhill run.

I also recall a couple of very cold Oyster Stew events. After leaving the warm cabin and getting quite cold struggling with snowshoe or ski bindings, the initial uphill climb was a welcome way to get warm again.

The hunting season piece reminded Pete of the following: *Our mostly hospital-based group used to hike during hunting season and we mostly all had small cow bells which were tied to our packs to warn hunters of our approach. I was in the lead one time and came across a hunter standing on the trail. I asked if he had heard us coming. He replied: "You didn't need the cow bells!"*

We reprinted Pete's recipe for Conga Bars (trail food) in the September issue of *Ridge Lines*. He'd love to hear from readers who have tried the recipe. You can contact Pete at Cgdavisjr@cs.com

CHANGES IN HIKING AND BACKPACKING THROUGH THE YEARS



We got lots of feedback about the September issue's list of changes that Vermont hikers have seen since they first headed out onto the trails. Here are some more recollections from long-time hikers.

Hiking Poles – In our *Ridge Lines* article, we said that hand-carved wooden staffs were common before the invention of collapsible trekking poles. Dot Myer wrote that very few people used poles at all when she first started hiking in Vermont. Poles weren't even used for snowshoeing. Dot added:

There was a story that when you were young you should twist a knot in a young sapling. Then, when you were old enough to need a walking stick, the sapling would have grown with a neat knob at the end.

Beds - Dot also remembers that hikers often made beds of freshly-cut boughs – something that no responsible hiker would do today! Then came blow-up air mattresses that sometimes developed holes and let you down completely. Now there are many different kinds of lightweight foam pads, either self-inflating or with a blow-up part.

Food - Many long-distance hikers in the mid-twentieth century filled their backpacks with easy-to-find foods like Spam, instant rice, canned hash or stew, cocoa and jello. (Editor's note: My father's favorite way to end a hard day of hiking, especially if he was cold or wet, was to dissolve a package of jello in hot water and drink it immediately.) Some backpackers also carried homemade hardtack or biscuits. In Vermont, hikers stopped at farms along the trail to buy eggs, milk and bread. Most of those hilltop farms are gone now, so backpackers have to rely on what they can carry. There's a wide variety of packaged hiking food that's nourishing, tasty and easy to cook – although rather expensive. Less pricey couscous mixes, ramen noodles and pasta are popular, often mixed with creative extras. Old-time hikers would be astonished to learn that there are cookbooks dedicated to gourmet meals along the trail – and foodie hikers can now travel with lightweight wine glasses, cheese graters, garlic presses and cappuccino makers!

Water – After World Wars I and II, many hikers used flat, round army surplus canteens that gave water a metallic aftertaste. In the '60s and '70s, plastic canteens became more prevalent. Now, outdoor equipment stores have a staggering variety of metal and plastic water containers, including many with high-tech water filtering systems built right in.

In the early days of the Long Trail, hikers just dipped their metal cups into clear-running streams. Then they started adding chlorine or iodine tablets or boiling their drinking water to protect themselves from the possibility of giardia and other water-borne illnesses. Today, backpackers usually carry water filters.

Safety Tip If part of your fun this winter will be planning ahead for an end-to-end hike, be sure you think about the water you'll be drinking and using for cooking, brushing your teeth, etc. Vermont's high country streams might look crystal clean, but you shouldn't consider them safe to drink. You'll be better off just assuming that every body of water has some microscopic organisms that can hardly wait to get inside your intestines and make you miserable. Giardia (or giardiasis) is one of the most common causes of waterborne disease in the United States – and it's *nasty*. Giardia can cause abdominal cramps, bloating, nausea and diarrhea that can last over six weeks. The Center for Disease Control (CDC) recommends avoiding untreated water from lakes, rivers, springs, ponds, streams and shallow wells. If you have to rely on water from one of these sources, treat it first. Either bring it to a rolling boil for **at least** 1 minute (at least 3 minutes at altitudes greater than 6562 feet) **or** use a filter rated for "cyst removal" or with an absolute pore size of 1 micron or smaller. If you can't use any of these methods, your best bet is to chemically treat water by chlorination or iodination. However, the CDC warns that using chemicals might be less effective than boiling or filtering because the amount of chemical to use depends on the temperature, pH and cloudiness of the water.

Section Outings

Winter 2010 - 2011

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. **Check with trip leader before bringing your pet along.** Human guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of 10 cents a mile.

December 2010 Outings

12/4 (Sat) **Whiteface and Morse via Beaver Meadow Trail** We will hike to the Long Trail via the Beaver Meadow and Chilcoat Trails, then go north along the Long Trail over Morse Mountain to Whiteface Mountain. We'll descend on the Whiteface and Beaver Meadow Trails. Hikers should be prepared for winter conditions including ice and deep snow. Moderate hike, moderate pace, 9.1 miles, 2000' elevation gain. Contact leader in advance. Peter Cottrell, 879-0755 or 238-5745 or pcottrel@myfairpoint.net

12/5 (Sun) **Camels Hump via Monroe Trail** Climb The Hump on the Monroe Trail from the winter lot. Snowshoes will probably be needed, with the potential for full-winter conditions. Difficult or Difficult+, depending on conditions. 8.5 miles, 3000' climb. Group limit 10. Contact leader by 12/3. Richard Larsen, 878-6828 or larsen007@aol.com

12/11 (Sat) **Phelps Mountain – ADK** Let's take a trip across the pond to explore the beautiful Adirondacks and a close-up view of Mt. Marcy! **No dogs allowed.** Moderate hike at a strong pace, 9 miles, 2000' elevation gain. Contact leader by Thursday 12/9. Robynn Albert, 878-4036 or robynnalbert@hotmail.com

12/12 (Sun) **Taylor Lodge** This hike is familiar to most of us, but it's well worth doing many times. We'll eat our lunch in a comfortable lodge and then we can either climb up to a viewpoint or down to a beaver pond, or just go back. Snowshoes will probably be needed. Easy to moderate, 4.4 miles (more if there is recent snow and Stevensville Road isn't plowed to the end). Dot Myer, 863-2433 or dotmyer@myfairpoint.net

12/18 (Sat) **Mansfield Ridge** From Underhill State Park we'll head up Sunset Ridge to the Mansfield Chin (summit), then follow the ridge to the Forehead and return via Maple Ridge and the CCC road. Difficult hike, strong pace, 9 miles, 2600' elevation gain. Group limit 10. Contact leader by Thursday 12/16. David Hathaway, 899-9982 or David.Hathaway.78@gmail.com

12/19 (Sun) **Jerusalem Trail to Orvis Lookout (Dogs Welcome)** Another hike in the Side-to-Side series. We'll hike/snowshoe up the Jerusalem Trail to Orvis Lookout, have some cookies and hot chocolate at Glen Ellen Shelter, and then make our way back to the trailhead. Moderate with moderate pace, 5.4 miles, 1802' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 12/17. Kelley Mackison Christie, 999-7839 or kelleychristie@gmail.com

12/26 (Sun) **Camels Hump via the Burrows Trail** Depending on the weather, we will either hike or snowshoe to the top of Camels Hump from the Huntington side. Moderate hike, moderate pace, 4.8 miles, 1950' elevation gain. Group limit 12. Contact leader in advance. Sheri Larsen, 878-6828 or larsen007@aol.com

January 2011 Outings

1/1 (Sat) **Laraway Lookout** The cliffs below Laraway Lookout (2620') are impressive in any season, but they're *spectacular* in winter with giant icicles like a frozen waterfall suspended from the top of the ledges to the ground. From the Lookout, we'll enjoy our lunch with a gorgeous view across the valley. Moderate, 3.6 miles. Group limit 8. No dogs please. Mary Lou Recor, mlrecor@myfairpoint.net, 660-2834; Chris Hanna, channa@gmavt.net, 881-1866.

1/2 (Sun) **Stowe Pinnacle (Dogs Welcome)** Start the new year with a snowshoe hike through hardwood and beech forest to a rocky summit knob with views of the Worcester Range and surrounding area. This relatively short hike has some steep stretches. Moderate hike, moderate pace, 2.8 miles, 1520' elevation gain. Group limit 8 people, 4 dogs. Contact leader by 12/31. Suzanne Daningburg, 514-935-4770 or suzannedaningburg@yahoo.ca

1/8 (Sat) **Belvidere Mountain** We'll start from the Route 118 crossing and follow the Long Trail to the Belvidere summit. Moderate hike at a moderate+ pace, 6 miles, 2000' elevation gain. Good winter layered clothing required. Group limit 10. Contact leader by 1/6. Richard Larsen, 878-6828 or larsen007@aol.com

1/9 (Sun) **Worcester Mountain** Join me on the Worcester Range namesake! Moderate hike with strong pace, 5.8 miles, 1970' elevation gain. Group size 15. Well-behaved dogs only. Contact leader by 1/7. Robynn Albert, 878-4036 or robynnalbert@hotmail.com

1/15 (Sat) **Mt. Ellen** Let's surprise the skiers when we reach the summit of this mountaintop! Moderate hike with strong pace, 8.6 miles, 2580' elevation gain. Group size 15. Well-behaved dogs only. Contact leader by 1/13. Robynn Albert, 878-4036 or robynnalbert@hotmail.com.

1/16 (Sun) **Birch Glen Snowshoe Hike** This short hike rises moderately through woods with two small brook crossings to a semi-closed shelter where we can have lunch. Easy to moderate, 3 miles. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

January 2011 Outings – cont.

1/17 (Mon - Martin Luther King Day) **Mt. Abraham Via Battell Trail** Depending on the weather conditions, we'll hike or snowshoe to the top of Mt. Abraham via the Battell Trail. The views from the top in winter can be really lovely. Crampons or microspikes and poles may be necessary. Difficult hike, moderate pace, approx. 6 miles, 2500 vertical feet. Group limit 10. Contact leader by 1/15. Sheri Larsen, 878-6828 or larsen007@aol.com

1/22 (Sat) **Davis Neighborhood Trail to Laraway Mountain and Plot Road** We'll head up the Davis Neighborhood Trail to Corliss Camp and then loop around on the LT, crossing Laraway Mountain and onto Plot Road. These trails are located just north of Johnson, and will require cars dropped about 2 miles apart. Moderate to difficult snowshoe hike, moderate to strong pace (1.5 mph average), 8.2 mile loop, 1500' elevation gain. Contact leader by 1/20. Darryl Smith, 522-2516 or snuffy_vt@yahoo.com

1/23 (Sun) **Mt. Mansfield - Classic West Side Loop** Very scenic ascent of Vermont's highest summit. The use of Maple and Sunset Ridge trails maximizes the above tree-line hiking. Difficult, 8 miles, 2700' elevation gain. Contact leader in advance. Wolfgang Hokenmaier, 862-5302 or hogges@gmx.net

1/29 (Sat) **Ski or Snowshoe in Underhill** We will ski or snowshoe in one of my favorite (secret) places in Underhill. Nothing too strenuous as we don't want to be exhausted for Annual Meeting. Call Linda Evans for details, 899-3006.

1/29 **Burlington Section Annual Meeting** See page 1 for details and page 8 for reservation form.

1/30 (Sun) **President's Hike: Beginner's Snowshoe Trek** A leisurely snowshoe to Taylor Lodge. Beginners welcome! Some snowshoes available for borrowing. (Call early to reserve a pair.) Easy, 5 miles. Phil Hazen, 355-7181 or philhazen@comcast.net

February 2011 Outings

2/5 (Sat) **Mobb's Farm (Dogs Welcome)** Hike or snowshoe Jericho town trails on Mobb's Farm. Enjoy Mill Brook, woods, field, mountain views. (Snow conditions may require snowshoes.) Afterwards, we'll have a picnic lunch in leader's house. Easy hike, leisurely pace, 4 miles, 500' elevation gain. Group limit 12 people, 6 dogs. Contact leader by 2/3. Pam Gillis, 879-1457 or pgillis@us.ibm.com

2/6 (Sun) **Jerusalem Trail and Long Trail to Mt. Ellen** Snowshoe 2.4 miles up a wooded trail to the ridge, then on to Mt Ellen on the Long Trail. Clear weather will provide great views. Difficult, 8.4 miles, 2580' elevation gain. Group limit 10. Contact leader by 2/4. Kathy Adams, 399-8687 or hikeradams@hotmail.com

2/12 (Sat) **Camels Hump Via Monroe Trail (Dogs Welcome)** We'll follow the Monroe Trail to the clearing and then the LT south to the summit. Dogs are welcome but must be on a leash on the fragile alpine vegetation zone around summit. Moderate, 6.8 miles, 2600' elevation gain. Group limit 8 people, 4 dogs. Contact leader by Thursday 2/10. Suzanne Daningburg, 514-935-4770 or suzannedaningburg@yahoo.ca

2/13 (Sun) **Beane Trail to App Gap** Hike starts on the Beane Trail and hits the Long Trail at Birch Glen Shelter. We head south from there with a steep climb to Molly Stark Balcony, and then on to Appalachian Gap. Trail could be unpacked. Be prepared for possible weather conditions. Moderate difficulty because of winter trail conditions, moderate to strong pace, 4.8 miles, 1000' elevation gain. Group limit 15. Wes Volk, 355-4135 or wvolk@uvm.edu

2/19 (Sat) **Hedgehog Brook Trail to Burnt Rock Mountain Under a Full Moon** We'll start around 8:00PM to take advantage of the full moon for this snowshoe hike up Burnt Rock Mountain. Expansive views. This is a 4-5 hour trip. If the weather forecast is awful, the backup plan is Friday night. Moderate terrain, moderate pace, 5.2 miles, 2100' elevation gain. Contact leader by 2/17. Darryl Smith, 522-2516 or snuffy_vt@yahoo.com

2/20 (Sun) **Taylor Lodge via Nebraska Notch Valley (Dog Friendly)** Don't let February in Vermont give you cabin fever! Bring your friends and bring your dogs for a mid-winter snowshoe hike. We'll hike to the Taylor Lodge and enjoy cookies and conversation before meandering back to our cars. We might need snowshoes or microspikes. Moderate with a moderate pace, 4.5 miles, 470' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 2/18. Kelley Mackison Christie, 999-7839 or kelleychristie@gmail.com

2/26 (Sat) **Mystery Hike** Join Dot for an easy hike in a beautiful location. Destination will be based on conditions. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

2/27 (Sun) **XC Ski in Honey Hollow** Join us for a beautiful cross-country ski trek in the hills near Camels Hump. Moderate, 7 miles. Group limit 12. Call Carlene Squires at 434-2533 or email carlene@gmavt.net

March 2011 Outings

3/5 (Sat) **Mount Mansfield via Laura Cowles** Starting from the winter parking lot, we'll go to the summit unless conditions are too brutal. Good winter layered clothing required. Difficult+ with strong pace, 8 miles, 3000' elevation gain. Group limit 10. Richard Larsen, 878-6828 or larsen007@aol.com

3/6 (Sun) **Camels Hump - Monroe Trail** One of my favorite hikes, this Camels Hump snowshoe trek has a variety of terrain and spectacular views. Difficult, 7.5 miles. Contact leader by March 4. Kathy Adams, 399-8687 or hikeradams@hotmail.com

March 2011 Outings – cont.

3/11-13 (Fri-Sun) **Adirondack Ski and Snowshoe Week-End** Come play in the snow with some of your newest or oldest best friends, at the Wiezel Trails Cabin on The Adirondack Club's Heart Lake property, 8 miles south of Lake Placid. The heated cabin accommodates up to 16 people in four bunkrooms. There's modern plumbing, hot and cold running water, and showers in separate men's and women's washrooms. There's also a complete kitchen with refrigerator, stove, and most equipment that we will need. Right out the cabin door are trails for hiking, snowshoeing and XC skiing. This annual GMC/Burlington Ski Club trip fills up early - so if you're interested, don't delay! Call Linda Evans, 899-3006.

3/12 (Sat) **Sunset Ridge Trail** Starting in Underhill State Park, we'll ascend to the Mt. Mansfield summit and back down. Be prepared for exposure at top of trail. Difficult, moderate to strong pace, 3.3 miles with serious elevation change. Group limit 15. Wes Volk, 355-4135 or wvolk@uvm.edu

3/13 (Sun) **Butler Lodge, Wampahoofus, Maple Ridge Loop** We will snowshoe from the Stevensville trailhead near Underhill Center to Butler Lodge on the south side of Mt. Mansfield. From Butler Lodge, we'll climb the Maple Ridge via the Wampahoofus Trail and then descend on Maple Ridge and Frost Trails. This snowshoe trip features an interesting, little-used trail on Mt. Mansfield and outstanding views from Maple Ridge. Moderate hike, moderate pace, 5.1 miles, 2200' elevation gain. Peter Cottrell, 879-0755 or pcottrel@myfairpoint.net

3/19 (Sat) **Camels Hump Loop** We'll take Forest City Trail to Montclair Glen Lodge, then climb the Long Trail to the summit and return along the Burrows Trail. Difficult hike, strong pace, 6 miles, 2400' elevation gain. Group limit 10. Contact leader by 3/17. David Hathaway, 899-9982 or David.Hathaway.78@gmail.com

3/20 (Sun) **Sterling Pond Shelter** From the parking lot on Rt. 108 in Stowe, we'll snowshoe up the Long Trail 2 miles to Elephant's Head then 1.2 miles to Sterling Pond and the shelter. Several wonderful views, a few steep spots. Moderate, 8 miles, 1200' elevation gain. Expect to begin hike about 9:45am. Group limit 5. E-mail leader for details about time and car-pooling: ted@ted-albers.net

3/26 (Sat) **Bamforth Ridge to Bamforth Ledges** We'll head south on the Bamforth Ridge section of the Long Trail towards Camels Hump. At the 3-mile point, we'll veer east off of the LT for 1-2 miles, looping around to reconnect with the LT. The off-trail loop will pass beaver ponds and ledges overlooking the Winooski Valley. Moderate terrain, moderate to strong pace (average 1.5 mph), 7-8 miles, 2000' elevation gain. Contact leader by 3/24. Darryl Smith, 522-2516 or snuffy_vt@yahoo.com

3/27 (Sun) **Beaver Meadow Lodge via the Beaver Meadow Trail** A late winter or early spring hike, so be prepared with snowshoes or microspikes. Beaver Meadow Trail is another on our side-to-side excursions. We'll circle around the lodge and return to our cars. Moderate with moderate pace, 6 miles, 900' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 3/25. Kelley Mackison Christie, 999-7839 or kelleychristie@gmail.com

Here are the current members of the Burlington Section Executive Committee. Feel free to contact any of us with comments, questions, etc.

President	Phil Hazen	355-7181	philhazen@comcast.net
Vice President	Kelley Mackison	999-7839	kelleymackison@gmail.com
Secretary	Linda Evans	899-3006	linda.r.evans@comcast.net
Treasurer	Joel Tilley	865-9220	jptilley50@gmail.com
Membership	Dot Myer	863-2433	dotmyer@myfairpoint.net
Outings	Paul Houchens	658-1321	houchens@comcast.net
Trails	Pam Gillis	879-1457	pgillis@us.ibm.com
	John Sharp	862-3941	jsharp@zoo.uvm.edu
Shelters	Linda Evans	899-3006	linda.r.evans@comcast.net
Director	Sue Girouard	644-5941	sueg@sover.net
Web Site	Ted Albers	985-9064	ted@ted-albers.net
Special Programs	Robynn Albert	878-4036	robynnalbert@hotmail.com
Ridge Lines	Maeve Kim	899-4327	maevulus@surglobal.net
	Valerie Wilkins	899-5127	dean.valerie@myfairpoint.net

At the Annual Meeting on January 29, a slate of officers for the coming year will be presented for discussion and voting. The slate includes many of this year's officers, with these changes:

- **We need someone to fill the position of Director. The Director represents the Burlington Section on the GMC Board of Directors, bringing specific issues to the attention of the main club and sharing information with our local membership. The person who fills this important position will have a key role in determining GMC's future course.**
- **The chair positions for Education, Annual Meeting and Taylor Series remain open.**

Please let Phil know if you are interested in any of these positions or would like to nominate someone!

Ridge Lines

GMC BURLINGTON SECTION

Green Mountain Club
4711 Waterbury-Stowe Road
Waterbury Center VT 05677

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Burlington Section Annual Meeting and Dinner

<p>Saturday January 29, 2011 Faith United Methodist Church 899 Dorset Street, South Burlington Please RSVP at gmcevents@hotmail.com</p> <p>Or send the following form along with a check made out to GMC Burlington Section to: Maeve Kim PO Box 1086 Jericho VT 05465</p>	<p><i>(last name)</i></p> <p>A-G Dessert H-S Salad T-Z Beverage*</p> <p><i>*Alcoholic beverages aren't permitted on church property.</i></p> <p>Adults - \$5.00 Children under 12 - \$3.00</p>
<p>Socializing starts at 5:00, dinner at 5:45. <u>Bring your own plate, eating utensils, and mug.</u> Lasagna and garlic bread will be served, plus potluck extras. <i>When planning your potluck dish, please bring enough for 3-4 people.</i></p>	

Name(s) _____

Number of Adults _____ Number of Children _____

Total Enclosed _____