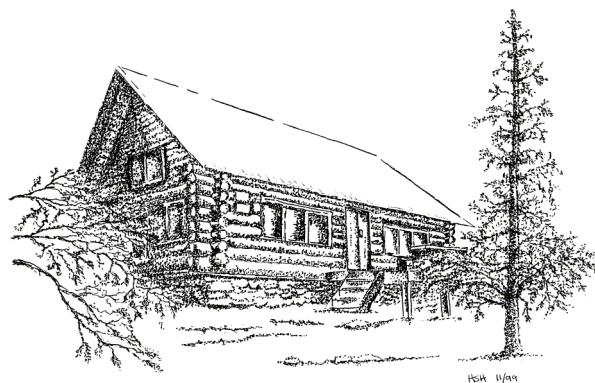


RIDGE LINES



GREEN MOUNTAIN CLUB
BURLINGTON SECTION

www.gmcburlington.org

Summer 2011

Trail Names

Bear Flop??

Linguini?

Shinsplint Sal?

MUD STUD???

Many hikers, especially long-distance backpackers, have trail names – and every single trail name has a story behind it. Here's one from David Hathaway.

I didn't have a trail name when I first hiked the entire Long Trail in 1996-1999, but I made up for it by getting two trail names on my second end-to-end last year.

Because I started hiking northbound in mid-June, I encountered a lot of AT hikers going the same way, with an interesting assortment of trail names. There were husband and wife teams of Kite and Sandpiper and POW (Piece of Work) and TLC. Turtleback had a large pack. Joe-from-Iowa told people he didn't have a trail name but kept introducing himself as Joe from Iowa and it stuck. His daughter, Trainwreck, said she ran into things a lot when she was starting out. Then there were Cookie Monster, Rooster and Snow White. I heard about, but didn't meet, a hiker with the unusual name of Not Yet. (When asked if he had a trail name, he replied, "Not yet".)

I got my first trail name on my fourth day on the trail while having dinner with Kite, Sandpiper, Joe-from-Iowa, and Trainwreck at Spruce Peak Shelter. I told them that I generally hiked alone and had done all the Adirondack 46 high peaks and AMC 100 highest on my own. Kite suggested Solo as a trail name, and I used it for couple days – but I found out that there were an awful lot of Solos on the trail.

Find out Dave's second – and lasting – trail name on Page 2.

Also in this issue:

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Summer Reading Suggestions – page 2

How You Can Protect Vermont's Common Loons and Peregrine Falcons – page 3

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New Members – page 7

How Dave Hathaway Got His Trail Name - cont.

My second name came from AT hiker Tommy, who ironically didn't have a trail name himself. We were at Peru Peak Shelter with Cookie Monster talking about our hiking experiences. When I said I'd bushwhacked through dense brush up Little Stratton a couple days before, Tommy and Cookie Monster looked at me like I was a little crazy. I said that for a couple years I'd been recording all the peaks I climbed at peakbagger.com. I told them I downloaded to my GPS the coordinates for all the peaks I could find within a mile or so of the Long Trail, with the goal of climbing as many as I could. A couple days later, I saw POW and TLC on the trail. They told me they'd been discussing my eccentricities the night before, and Tommy had come up with the perfect trail name for me. It's the name I've kept: *Peak Geek*.

What's your trail name? What's the story behind it? Send your tales to:

maevulus@surfglobal.net	<i>or</i>	Ridge Lines c/o Maeve Kim PO Box 1086 Jericho Center VT 05465
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Summer Reading

Looking for something to take out to the lawn chair, have with you in the hammock, or pack when you're heading for the family camp by the lake? The GMC Store has lots of good reading!

Here are just a few selections. For more, go to greenmountainclub.org, find the menu on the top left of the page, click on GMC Store and then BOOKS.

(The descriptions below are shortened versions of the info on the GMC web site.)

Cutting a Bond with the Long Trail: Ned Green's Long Trail Journals

Ned was a member of the Long Trail Patrol and hiked the LT end-to-end not once but twice. He died in 2001, at age 26, as the result of a climbing accident on Mount Washington. Thanks to his mother Clare Green, Ned's Long Trail journals have been compiled into a book.

360 Degrees: A Guide to Vermont's Fire and Observation Towers

Find out how to get to some of the best views in the Green Mountains: driving directions, parking information, trail descriptions and mileages, maps and estimated hiking times.

The Ordinary Adventurer: Hiking Vermont's Long Trail

Follow novice hiker Jan Leitschuh (trail name *LiteShoe*) on a month-long backpacking trip with an opinionated, heart-attack-challenged hiking partner.

Scraped Knees and Mac N' Cheese

Hike along with author Sandi Pierson from Massachusetts to Canada over the beautiful Green Mountains of Vermont.

And don't forget the classics: *Long Trail Guide*, *Day Hiker's Guide* and *End-to-Enders' Guide*!

Summer Reminder for Paddlers and Hikers

Your Care - and Your Caring - Are Vital for the Continued Success of Two Special Vermont Birds

LOONS – Common Loons are large, black and white, heavy-bodied water birds that spend summers on Vermont's ponds and lakes. They breed in Canada, parts of the northern United States, Greenland and Alaska. During the winter, Common Loons can be found along the Atlantic coast or on large lakes. Europeans call the bird Great Northern Diver, which is a good description. Loons can dive as far as 200' below the surface to catch fish. To many people, the Common Loon's echoing, yodeling cry evokes wilderness.

In the mid-80s, there were seven (only 7!!) breeding pairs of loons in the state. In 1987, loons were listed as an endangered species in Vermont. The Vermont Loon Recovery Project (VLRP) started working with landowners and people who used lakes and ponds throughout the state. The VLRP also worked with conservation groups, state agencies and the operators of hydroelectric dams. Through the dedicated work of hundreds of volunteers and concerned citizens, loons have made an impressive recovery. In 2007 and 2008, over 60 loon pairs attempted to nest, and volunteers counted over 200 adult loons during a one-day count.

The VLRP continues to monitor Vermont's loon population. Each year, volunteers make heroic attempts to rescue loons that have become entangled in fishing line. In addition, VLRP and the Vermont Center for EcoStudies conduct research to identify and reduce threats such as lead fishing gear, mercury poisoning, habitat loss and disturbance from recreational boating.

In late spring and early summer, volunteers put signs and barriers around loon nesting areas. When you paddle by these areas, stay a good distance away. Don't give the loons a reason to think of you as a threat!

There are many opportunities for adults *and* children to help Vermont's loons. For more information, go to <http://www.vtecostudies.org/loons/>

PEREGRINE FALCONS – In 1970, the last wild peregrine falcon in the eastern United States was seen in Vermont. The pesticide DDT eliminated this amazing bird from huge areas of the country. The next decade saw the re-establishment of peregrine falcons in eastern U.S. The first pair of birds returned to Vermont in 1984 and nested the next year. By 2010, there were 41 pairs of peregrine falcons in the state.

Every year, nesting sites are monitored from April through July. Several cliff areas are closed to hikers and climbers to give the birds a chance to nest and raise their young free from disturbance. Peregrines have nested at almost forty sites in Vermont, but the state closes only those areas where there's a good chance that hikers, rock climbers or other visitors might disturb nesting birds. That includes the parts of cliffs where the birds are nesting and the trails leading to cliff tops or overlooks. In many cases, the lower portions of trails remain open. Most closed areas are reopened the first of August.

If you come across a posting at a trailhead or near a cliff, stay away – even if you can't see a falcon or a nest. If you *do* see a peregrine falcon and it starts making a loud noise like “kek-kek-kek”, back off immediately. That's the bird's danger call, indicating that it is feeling stressed.

In the past, the state has closed all or parts of trails at the following locations: Bolton Notch in Bolton, Smugglers Notch, Deer Leap in Bristol, Snake Mountain in Addison, Marshfield Mountain, Mt. Horrid in Goshen, Rattlesnake Point in Salisbury, Nichols Ledge in Woodbury, and the Fairlee Palisades.

If you would like to become a nest site monitor, make a contribution, or do other volunteer work with the Vermont Peregrine Falcon Recovery Project, contact Margaret Fowle at mfowle@audubon.org or 802-434-3068.

Tragedy on the Lake

A Burlington Section Skating Trip of 1937

By Daan Zwick

Daan is writing his memoirs of decades on the trails – and, for this story, on the lake.

In the first half of the twentieth century, Lake Champlain always froze over solidly during the winter months. (Roy Buchanan averred that the lake had frozen over every year within anyone's memory, except in 1888. That year the frantic swimming of a whale that had been trapped in the lake kept the lake from freezing.) Skating, ice boating, and ice fishing were popular recreations, and ice harvesting was a profitable industry. Hundreds of seasonal fishing shanties appeared on Burlington Bay, Mallets Bay and Shelburne Harbor.

In the winter of 1937, Larry Dean led six Burlington Section members on an outing to skate across the lake at its widest point to New York State and back, a total of 26 miles. The surface was vast sheets of smooth, snow-free ice separated by an occasional expansion crack. I came across a disk of ice about like a hockey puck and decided to see if I could kick it with just my skates all the way to New York. In so doing, I got separated from the rest of our small group. After a couple of miles my ice puck had disintegrated, so I gave up and went to rejoin the group, which I had seen in the distance near Juniper Island.

On my way to the island, I met a boy struggling to skate under the load of a limp girl. He said that some kids playing on the ice near the island had fallen into the frigid water, and the girl was one of them. He was trying to get her to shore, but he was tired.

I could see that the girl, probably nine or ten years old, was wet and shivering, so I took off my jacket and put it on her. I slung the girl across my shoulders and headed for the South Burlington shore as quickly as I could skate with that load. I could feel her shivering so I changed my plan and stopped at the first fishing shanty that had a stovepipe. Finding it inhabited and very warm inside, I left my passenger there with the fisherman while I skated to the South Burlington shore for more help.

There I found that an ambulance had come, so I directed the crew to where the girl was. There was also a doctor waiting on the shore; he was the medical examiner who had been called to go out to Juniper Island and declare a drowned child legally dead. The doctor was not up to the two-mile trip across the ice to Juniper Island, so I scrounged around and found a small sledge with ice runners and a handle in back – just the thing to transport the doctor. As I started out from the shore, a reporter from the Burlington Daily News tried to jump on the sled, but I pulled him off. The doctor was as much load as I could handle. Reaching the island, I waited until the doc had performed his duties and then transported him back to shore. By that time my ankles were so tired I could skate no more.

I learned later that a family of four children from the shore nearby had gone with their sleds to play on Juniper Island. While the ice was very thick on the open lake, and safe for travel, the south side of that rocky island had absorbed enough of the sun's heat to weaken the ice there so that the children had broken through. One boy in the group had managed to pull all his siblings to shore on the island and holler for help. Larry Dean, who had led his group past the north side of the island just a few minutes before, heard the call and responded. For a long while Larry performed the prone pressure rib compression resuscitation (state-of-the-art first aid at that time) on the one child who was not breathing. In spite of his effort, Larry was not successful in restoring life to the boy – thus the call for the doctor.

I do not know if there ever was another Burlington Section attempt to skate across the lake.

Section Outings

Summer 2011

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. Check with trip leader before bringing your pet along. Human guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of 10 cents a mile.

June

6/4 (Sat) **National Trails Day Work Hike** Get out on the trails with thousands of volunteers all over the country! Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitors' lot at 8:00 AM or Richmond Park & Ride (Exit 11) at 8:30. Moderate hike, moderate pace, 5-10 miles, 2000' elevation gain. Pam Gillis and John Sharp, 879-1457, 862-3941 or gillis1986@gmail.com

6/5 (Sun) **Montclair Glen, Beaver Pond, Allis Trail** This has been an enjoyable hike in the past and should be again. We follow a nice brook on the way up to the Long Trail, then a downhill walk to a beaver pond with a fantastic view of Camels Hump. Then back to the Long Trail and a short (.3 mile) loop on the Allis Trail which has a very different view of Camels Hump. Approx. 9 miles in all, slow pace. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

6/12 (Sun) **Appalachian Gap to Camels Hump** We'll hike from Route 17 at the Appalachian Gap to Camels Hump Road via the Long and Forest City Trails. The Long Trail passes over Molly Stark's Balcony, Huntington Gap, Burnt Rock Mt, and Ethan Allen Mt. Moderate hike, moderate pace, 12.8 miles, 2500' elevation gain. Contact leader ahead of time. Peter Cottrell, 879-0755 or pcottrel@myfairpoint.net

6/18 (Sat) **Mansfield Trails** From trailhead on Stevensville Road, up the Frost Trail, Maple Ridge to Forehead, Long Trail to Chin, then down Sunset Trail to Underhill State Park. Difficult hike, moderate pace, 6 miles, 2800' elevation gain. Meet at 8:30. leewrigley@myfairpoint.net or call 318-6281.

6/19 (Sun) **Cooley Glenn to Mt. Grant (Dogs Welcome)** Come see more of the Green Mountains and join another hike in the side-to-side series. We'll hike up Cooley Glenn Trail, then head north on the Long Trail to the open summit of Mt. Grant where there are commanding views south along the ridge towards Killington. Moderate with a moderate pace, 8 miles, 2120' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 6/17. Kelley Christie, 999-7839 or kelleychristie@gmail.com

6/24 (Fri) **Work Hike to Taylor Lodge (Dogs Welcome)** Bring your chain saws and paint brushes! Or just bring yourself for a fun outing with no pressure. We're going to Taylor Lodge to clean and spiff it up a bit. Moderate hike. Slow pace. Call Linda Evans at 899-3006.

6/25 (Sat) **Stowe Pinnacle to Mt. Hunger** We'll hike up Stowe Pinnacle, continue up to the Skyline Trail which we'll follow to Mt. Hunger (and maybe White Rock), and then come down Waterbury Trail. Moderate hike, moderate pace, ~8 miles, ~2400' elevation gain. Group limit 15. Contact leader by 6/23. David Hathaway, 899-9982 or David.Hathaway.78@gmail.com

6/26 (Sun) **Camels Hump** Hike will begin from the Couching Lion Parking Lot. The hike will start out on the Monroe Trail, to the Dean Trail. In Wind Gap we'll pick up the Long Trail north up Camels Hump and will return to our cars via the Monroe Trail. Difficult hike, moderate pace, 7.4 miles. Group limit 10. Contact leader in advance. Carlene Squires, 434-2533 or carlene@gmavt.net

July

7/2 (Sat) **Bamforth Ridge** Camels Hump the hard way - from the river and back again. Very difficult hike at a strong pace, 12.5 miles, 4000' elevation gain. Group limit 10. Contact leader by 6/30. Richard Larsen, 878-6828 or larsen007@aol.com

7/3 (Sun) **Rock Garden Trail, Mt. Mansfield** We'll go up Forest Trail, enjoy the views to the west, go over the Rock Garden Trail and enjoy interesting rock formations, head to Butler Lodge for lunch, and then go down the Butler Lodge Trail. Moderate hike at moderate pace, 4.3 miles, 1700' elevation gain. Call by 7/1 for meeting time and place. Russ Kinaman, 879-6666.

July Outings – cont.

7/8-10 (Fri-Sun) **Southern Vermont Backpacking Trip** A 3-day backpacking trip! We'll hike to Stratton Pond on Friday via Stratton Pond Trail and camp at either the shelter or the North Shore. Saturday we'll hike an 11-mile loop along Lye Brook Trail, Branch Pond Trail and back down the Long Trail to camp at Stratton Pond again. Sunday we'll hike back out to the cars via the Long Trail over Stratton Mountain. Moderate with moderate pace, 3.7 miles Friday, 11 miles Sat, 6.9 miles Sunday. Group limit 8 people, 2 dogs. Contact leader by 7/1. Kelley Christie, kelleymchristie@gmail.com or 999-7839.

7/15 **Friday Hike: Lincoln Gap to Appalachian Gap** A true ridge walk, this full-day outing is often called *The Monroe Skyline* because there are tremendous views in all directions upon arriving at the top of Mt. Abe. Bring your binocs. Drinks and snacks provided at Appalachian Gap. Difficult hike, moderate pace, 12.3 miles, more than 2000' elevation gain. Contact leader by 7/14. Pete Saile, 658-0912.

7/16 (Sat) **Mt. Abraham** We'll hike up Battell Trail to Battell Shelter and then to the summit. Mt. Abe offers almost 360-degree views at 4006' with only moderate elevation gain and some minor scrambling. Moderate hike at moderate pace, 4 miles round trip, 1500' elevation gain. Call leader by 7/14 for meeting time and place. Russ Kinaman, 879-6666.

7/17 (Sun) **Vermont's Toughest Eight Miles** Around Mt. Mansfield: Hell Brook to Mt. Mansfield, then along the west side using Subway, Canyon and Lakeview Trails, return on the east side via Cliff Trail, finally down the Profanity and Long Trail. This hike is **not** dog friendly. Very difficult hike, moderate pace, 8 miles, 3000' elevation gain. Contact leader by 7/15. Darryl Smith, 522-2516 or snuffy_vt@yahoo.com

7/24 (Sun) **The Hump via Bamforth Ridge** Substantial elevation gain for a Vermont hike. We'll climb up the Bamforth Ridge Trail, summit, then proceed down the Monroe Trail. Difficult hike, strong pace, 10 miles, 3700' elevation gain. Group limit 15. Contact leader in advance. Wes Volk, 355-4135 or wvolk@uvm.edu

7/31 (Sun) **Blueberry Cobbles** This is a pleasant hike with several lookouts along the way. The rocky summit is usually covered with blueberries in July and August, so bring a small blueberry pail. If it is a good season, we'll find plenty of blueberries (enough to make blueberry cobbler for an army according to the guidebook). I wouldn't count on that many, but even if we find only a few it is a very nice hike. Easy to moderate hike, slow pace, 3.75 miles. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

8/5-8/7 (Fri-Sun) **Long Trail and 6 Side Trails** Backpacking trip of 20 miles over 3 days near Danby. Trails include Homer Stone Brook, Green Mountain, Little Rock Pond, Old Job, Baker Peak and Lake Trails, as well as a bit of the Long Trail. Depending upon participants, we may lengthen the trip. Will require a car drop. Moderate hike, moderate pace, 20 miles, 1500' elevation gain. Contact leader by 7/31. Darryl Smith, 522-2516 or snuffy_vt@yahoo.com

8/7 (Sun) **Clara Bow, Nebraska Notch** We'll hike up gentle Nebraska Notch Trail to the more moderate Clara Bow Trail to check out the spooks in the cave, then lunch at Taylor Lodge. Back down the same way. Moderate hike, moderate pace, 4.4 miles, 700' elevation gain. Call leader by 8/5 for meeting time and place. Russ Kinaman, 879-6666.

8/14 (Sun) **Mount Mansfield Ridge** Up Sunset Ridge Trail (starting at Underhill State Park), traverse the ridge to the Forehead, then down Maple Ridge Trail to Stevensville Road. Moderate hike, moderate to strong pace, ~7 miles, ~2300' elevation gain. Group limit 15. Contact leader in advance. Wes Volk, 355-4135 or wvolk@uvm.edu

8/20 (Sat) **Sterling Pond** We'll hike up to Sterling Pond, enjoy the pond for a while, then hike around it and to an overlook for lunch before returning the same way. Moderate hike, moderate pace, approx. 3.6 miles, 900' elevation gain. Call leader by 8/18 for meeting time and place. Russ Kinaman, 879-6666.

8/27 (Sat) **Mt. Hunger** We'll hike up Mt. Hunger from the Waterbury Center side of the mountain. This trail goes up pretty steadily with a few scrambles near the top. Book hiking time is 2¼ hours up and 1¼ hours down. Moderate hike, moderate pace, 4.4 miles round trip, 2290' ascent. Group limit 12. Contact leader by 8/25. Sheri Larsen, 878-6828 or larsen007@aol.com

8/28 (Sun) **Laraway Mountain via Davis Neighborhood Trail** Another trip in the Side-to-Side series. We'll hike the Davis Neighborhood Trail to Laraway Mountain with a break at Corliss Camp for some conversation and snacks. Moderate with a moderate pace, 8.4 miles, 1000' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 8/26. Kelley Christie, 999-7839 or kelleymchristie@gmail.com

September

9/5 (Mon) **Honey Hollow Botany Walk** We'll try to identify all the late-season wildflowers, ferns, and fungi, while moving along at a decent pace. (We'll identify the flora but not 'stop to smell them'.) Moderate hike, moderate pace, 5 miles, 1000' elevation gain. Group limit 15. Contact leader by 9/3. Richard Larsen, 878-6828 or larsen007@aol.com

9/10 (Sat) **Mt Ethan Allen** Up Forest City trail to Montclair Glen Lodge then Long Trail to Mt Ethan Allen. Moderate pace, 5 miles, 1700' elevation gain. Lee Wrigley, 318-6281 or leegwrigley@myfairpoint.net

9/11 (Sun) **Sterling Pond Shelter** From the parking lot on Rt. 108 in Stowe, we'll walk up the Long Trail 2 miles to Elephant's Head then 1.2 miles to Sterling Pond and the shelter. Several wonderful views, a few steep spots. Moderate, 8 miles, 1200' elevation gain. Expect to begin hike about 9:45 AM. Group limit 5. Car pool details and times upon request. Contact leader for details: ted@ted-albers.net.

9/17 (Sat) **Lincoln Gap LT South to Cooley Glen Shelter, Cooley Glen Trail (Dogs Welcome)** Hike out of Lincoln Gap to Sunset Ledge with beautiful western vistas, then to Mt. Grant and descend to Cooley Glen Shelter and out on the Cooley Glen Trail. Moderate to difficult hike, moderate pace, 7.9 miles. Group limit 10. Carlene Squires: home 434-2533, cell 318-5806, or carlene@gmavt.net

9/18 (Sun) **Sunset Ridge Trail to the Chin** This Mount Mansfield hike offers great views and the opportunity (in good weather) to hike from the Chin to the Forehead and back. If we choose this option, the total distance is ten miles. Difficult, 6.6 miles, 2500' elevation gain. Contact leader by 9/15. Kathy Adams, 399-8687 or hikeradams@hotmail.com

9/24 (Sat) **Stowe Pinnacle, Hogback Mtn. and Mount Hunger** Stowe Pinnacle and Mount Hunger offer spectacular views of Mansfield, Camels Hump, Stowe, the Lamoille Valley, and the White Mountains. We'll hike to the top of Stowe Pinnacle, then on to Hogback Mountain, south along the Skyline Trail to Mount Hunger, and descend via the Waterbury Trail. The hike will start at the Stowe Pinnacle parking lot near Stowe and end at the Waterbury Trail parking lot. Moderate hike, moderate pace, 8.2 miles, 3000' elevation gain. Group limit 12. Peter Cottrell, 879-0755 or pcottrel@myfaipoint.net

9/25 (Sun) **Cantilever Rock and Cookout** Cantilever Rock is an amazing blade of rock that extends horizontally for 30 feet out from a cliff. We'll follow this short hike with a cookout at Underhill State Park. Please bring something to roast for your main dish and something to share with the group. There is a park fee unless you have a Green Mountain Pass. Moderate hike, slow pace, 3.4 miles. Dot Myer, 863-2433 or dotmyer@myfairpoint.net

The following people joined the Burlington Section since December 2010.

Tom Acquabviva, Natalie Albera, Logan Baker, Christian Behr, Cory Berman. Anne Bomblies, Sara Burchard, Jeff Bryan, Sal & Carolyn DeFrancesco, Karen Dolan, Elizabeth Dolci & Steve Schlipf, David Donegan, Annemarie DuBois, Devon Duni, JoAnna Easton, Ernest Flanders, Barbara Fraser, Matthew Griffes, Michael Healy, Jennifer Henry, Maisie Howard, Theresa Johnson, Michael Kidder, Nancy & Greg LeRoy, Paul Noel, Troy Perkins, Emily Perley, Mari Steinbach, Barbro Thelemarck, Jeremiah Vallieres, Stephen Waud, Kelly Wilson, James Woodard, Corey Wrigley, David Ziegelman

WELCOME!!

Ridge Lines

GMC BURLINGTON SECTION

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