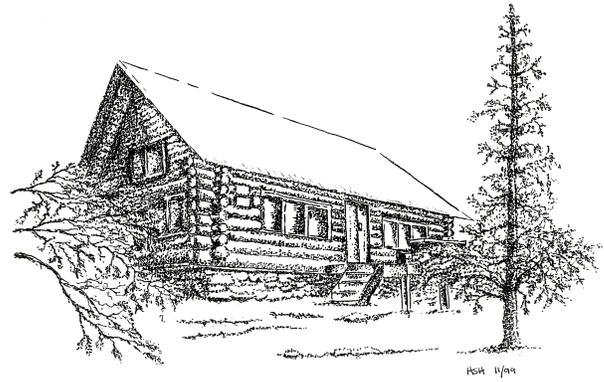


# RIDGE LINES

GREEN MOUNTAIN CLUB  
BURLINGTON SECTION  
Spring 2015



[www.gmcburlington.org](http://www.gmcburlington.org)  
[gmc@gmcburlington.org](mailto:gmc@gmcburlington.org)  
802-557-7009

## SPRING IS ON THE WAY!!!

### And that means Trail Maintenance!

Every spring, Burlington Section volunteers spend many days repairing winter's damage to our section of the Long Trail and access trails. This year, work dates are **May 9, May 16, May 23, May 30** and a special event to celebrate National Trails Day on **June 6**. The more workers we have, the more miles of trails get cleared – and it's easier and more fun for everyone. There are many different chores, from clipping branches that have grown across the trail to cleaning out water bars and drainage ditches that keep the trails from turning into roaring waterfalls during spring rains. Tools are provided, along with instruction on how to use the tools. This is your chance to get up close and personal with Hazel hoes, crowbars, loppers, folding handsaws and come-alongs. (You can also bring your own favorite saws or clippers.) While you work, you'll be talking and laughing, enjoying spring wildflowers, smelling fresh air, listening to birds, checking out tracks from moose and deer, and in general spending a day that's both fun and useful.

Generally, trail work outings require moderate hiking (5-8 miles, not over 2400' elevation gain). We're usually done by mid-afternoon. Most outings have an early turn-around option for folks who might not be able to go the whole distance or who need to be back earlier than the rest of us. **Please consider joining us on one or more of the trail work outings.** We'll meet at 8:00 AM at the UVM visitors' lot off East Ave. in Burlington or at 8:30 AM at the Richmond Park & Ride (just off Exit 11). Contact Pam Gillis, 879-1457, or John Sharp, 862-3941 for more information.

**Mud Season Hiking** - Hiking trails are wet and muddy in the spring. When hikers step on saturated soil, they cause irreversible damage. The State of Vermont closes hiking trails on state land (including the trails on Mt. Mansfield and Camel's Hump) from mid-April to Memorial Day. Be a responsible hiker between sugaring season and Memorial Day!

**Plan lower-elevation walks and hikes.**

**Walk through the mud. Don't walk around it.**

**Stay off Vermont's sensitive summits.** The delicate and rare tundra plants on the state's highest peaks are easily crushed or ripped out of the earth by the combination of boots and water. In addition to the two closed mountains, hikers should avoid Stratton Mountain, Killington Peak, Jay Peak and Lincoln Ridge (Mount Ellen to Appalachian Gap).

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Suggestions for Paddling Trips – pages 4 and 7  
Outings – pages 5-7

## COMMITTEE REPORTS – from the 2/7/15 Annual Meeting of the Burlington Section



### **2014 Trail Report**

*submitted by Pam Gillis and John Sharp, Trails Co-Chairs*

In 2014, we had 5 trail work outings in May and early June. We had an average of 10 volunteers per outing, down from 2013, but still good. Weather predictions had rain, but the rain either held off or stopped!

We did 303 person-hours of trail work and hiking. We had 18 people turn out on May 3, and 13 on May 17, so were able to split into 3 groups instead of 2 those days. There were trees down in some areas, but not a lot (we expected to see more). This next season, we will likely see a lot down in low elevations since we did have heavy, wet snow. Special thanks to Phil Hazen, Rick Manning, Max Seaton, and Scott Albertson, who each went on 3 outings! (John and I each did 4 of the 5 outings.)

With the building of the Winooski footbridge, we will have a new section of trail and the Jonesville to Bolton Notch Road section will be a side trail. The official trail and bridge opening is at this year's GMC annual meeting, so this spring we will do our normal trails.

We need another year of good turnout for trail work since there are likely to be a lot of trees down in some sections (probably the Jonesville to Bolton Notch section). Since there are 5 Saturdays in May, with the first one May 2, we are starting on May 9 and will do "National Trails Day" on its official day, June 6.

### **Shelters Report for 2014** – submitted by Linda Evans

I'm happy to report that all six shelters and one campsite in the Burlington Section's jurisdiction are still standing, as far as I can tell. It's been a quiet year with not too many requests for help.

Our shelter adopters are a self-reliant bunch who certainly don't need any micro-management. I'd like to thank them all by name.

Jeff Bostwick – Puffer

Jonathon Boyson – Butler

Scott Buckingham – Twin Brooks

David & Zack Ellenbogen – Taylor

Kerstin Lange – Duck Brook

John Abbott & UVM Outdoors Club – Taft

Brian Youngberg – Buchanan

There will be a slight shift when the Long Trail gets relocated away from Duck Brook (which is on private land) to the Stimson Mountain area, but we will continue to maintain a side trail in that area.

The other big news in store is the acquisition and renovation of the historical lodges of Bryant Camp and Bolton Lodge, in the Bolton area. The historic camps will be maintained and rented out, much like the Wheeler Pond camps, by a separate committee based out of Waterbury.

### **Young Adventurers' Club**

For the third year, Kelley Christie has been organizing outings for preschoolers and their parents. In 2014, she coordinated with the Winooski Valley Park District for a series of walks in local parks.

## **Director's Report**

Ted Albers reported on topics discussed during the Board meetings at GMC headquarters in Waterbury. The December 2014 heavy snow did damage to the Catamount Trail in App Gap area. Other areas including Bolton faced less damage but a busy spring trail work season is expected.

Because of heavy use on the southern section of the Long Trail /Appalachian Trail, a full-time southern field assistant was hired. A previous field assistant had been dividing time between projects in the north and the south. A challenge is to secure enough funding to keep our Long Trail Patrol staffing levels up.

Fund-raising for the Bolton and Bryant Camps is progressing well. These backwoods cabins will be available for renting in the same manner as the Wheeler Pond cabins.

Several trail relocation programs are on-going, including those around the new Winooski bridge. The Long Trail Patrol crew continued flagging Stimson north to move the Bolton Woods LLC easement toward completion. Also, the Smugglers Notch relocation was cut by Long Trail Patrol last summer but not yet opened. Work will be completed this summer on a boardwalk across Notch Brook just north of Barnes Camp in Smugglers Notch. And, there was a ceremonial "First Crossing" of Winooski Bridge by Daan Zwick in December. A video can be found on the homepage of [gmcburlington.org](http://gmcburlington.org).

Ted emphasized that any member can serve on any of the many GMC Board committees. These committees take advantage of a range of expertise, from land management to legal and finance, publications, development and more. Members should consider this interesting and important way to contribute to GMC.

## **Education Committee**

Wes Volk has filled this important position, which was vacant last year. He talked about his ideas for reaching out to schools, including education programming and outings, and continuing with several specific trips such as history walks, birding, wildflower walks, and the map and compass workshops.

## **Treasurer's Report**

Joel Tilley reported that the section is in good shape financially. In 2014, the total income was \$1825 more, and the operating expenses were \$423 less, than budgeted. We received generous bequests from long-time members Peter Alden and Mary (Forester) Payne. We have a projected surplus that may be applied to some future project. (In recent years, we used some of a grant to support the hiring of a GMC archivist and have donated money to the main club for the Winooski Bridge project and the maintenance of the Bolton cabins.)

## **Outings Report**

Paul Houchens reported that there were about a hundred Burlington Section outings in 2014. The wide variety included day hikes, backpacking trips, paddling, biking and nature walks.

Thirteen people led four or more trips each. David Hathaway led an astonishing fifteen trips. Wes Volk led nine outings, Dot Myer eight, and Ted Albers seven. Robynn Albert led six trips, and Carlene Squires, Carolee Reynolds, Russ Kinaman led five trips each. There were five trail work outings led by Pam Gillis and John Sharp. Rich Larsen, Sheri Larsen and Phil Hazen each led four trips.

## **Membership Report**

Dot Myer reported that the Burlington Section now has 746 memberships, many of which are families. The total number of members is 1059.

## **Burlington Section Website ([www.gmcburlington.org](http://www.gmcburlington.org))**

Dave Hathaway has taken a big role in adding content to the site, which now gets 40-100 separate visitors a day. Joe Sikowitz has also been adding material related to marketing and communication. Many trip leaders contribute reports and photos, which add a lot to the site's appeal.

## **Executive Committee**

The following slate of officers was presented and approved at the 2/7/14 Annual Meeting.

President - Ted Albers

President - Ted Albers ted@ted-albers.net

### **Vice President – vacant**

Secretary - Mary Keenan keenan158@yahoo.com

Treasurer – Joel Tilley jptilley50@gmail.com

Membership - Dot Myer dotmyer@myfairpoint.net

*Ridge Lines* – Maeve Kim maevulus@surfglobal.net

Shelters – Linda Evans linda.r.evans7@gmail.com

### **Annual Meeting - vacant**

Marketing & Communications – Joe Sikowitz joseph.sikowitz@gmail.com

Education – Wes Volk wesvolk@gmail.com

### **Special Programs & Taylor Series - vacant**

Section Historian - Dot Myer dotmyer@myfairpoint.net

Outings – Paul Houchens, Dave Hathaway

houchens@comcast.net, David.Hathaway.78@gmail.com

Outings: Young Adventurer's Club – Kelley Christie kelleychristie@gmail.com

Trails - Pam Gillis, John Sharp gillis1986@gmail.com john.sharp@uvm.edu

Web Site – Dave Hathaway David.Hathaway.78@gmail.com

Director – Ted Albers ted@ted-albers.net

***Want to become a volunteer? There are lots of ways you can help. Contact the following Executive Committee members for info.***

Trail work outings in the spring - Pam Gillis, John Sharp

Be a trip leader - Paul Houchens, Dave Hathaway

Write for *Ridge Lines* - Maeve Kim

Assist with special programs and the Taylor Series - Ted Albers

Help with the GMC annual meeting in June (at Waterbury Center) - Ted Albers

Help with the Burlington section annual meeting next February - Ted Albers

Learn about being the Vice President - Ted Albers

**Special Recognition** – At the 2/7/15 Annual Meeting of our section, Dot Myer was recognized for her more than 50 years of volunteer work. She has been a member since 1956 and has led hikes since the beginning. She has also been on the Executive Committee for many years and originated the position of Section Historian.

## ***SMOOTH WATERS***

**Summer is hiking season – and also paddling season. Many Burlington Section members have kayaks or canoes. Sometimes we want an all-day adventure, but often we just want to get out on the water for an hour or so after work. Luckily for us, there are great places for a quiet paddle not far from the city. Here are some suggestions:**

**Shelburne Pond** Much of the shoreline of this pond is protected by the Nature Conservancy and the University of Vermont. The water is surrounded by ledges, cliffs and marshes.

**LaPlatte River** In spring, paddlers can put in at the big parking lot on Bay Road in Shelburne and go almost to Shelburne Falls.

**Lamoille Delta** Put in across from Sandbar State Park. Head up one of the two mouths of the Lamoille and then down the other. (Pay attention to the signs that mark some areas off-limits.)

**Durway Island** Launch your boat at Delta Park in Burlington and head up the Winooski as far as you want to go. In the opposite direction, you can go under the bike path bridge and out to Lake Champlain.

- more suggestions on page 7 -

## **Section Outings**

### **Spring 2015**

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. Check with trip leader before bringing your pet along. Human guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of 10 cents a mile.

#### **March**

3/7 (Sat) **Cross Country Ski Outing at Camels Hump Nordic Center** Moderate to difficult terrain but lots of fun with the right conditions. Trails are generally groomed. Trail fee. Group limit 10. Contact leader for details: Carlene Squires 434-2533 or [carlene@gmavt.net](mailto:carlene@gmavt.net)

3/14 (Sat) **Snowshoe Mt. Hunger and The Reservoir** Snowshoe up this smooth white-carpeted rocky trail like it was just an easy stroll. Return and then visit The Reservoir for food. Moderate hike, moderate pace, 4.4 miles, 2500' elevation gain. Group limit 10. Phil Hazen, 355-7181.

3/15 (Sun) **Mount Mansfield North Ridge** Ascend via Taft Lodge and North Ridge. Crampons required. Difficult hike, strong pace, estimated 6 miles, 2800' elevation gain. Wolfgang Hokenmaier, 343-8175 or [hogges@gmx.net](mailto:hogges@gmx.net)

3/21 (Sat) **Butler Lodge to Nebraska Notch** Starting from Stevensville, We'll hike the Nebraska Notch Trail to the Long Trail, then follow it to Butler Lodge and return along the Butler Lodge trail. Moderate snowshoe hike at a moderate to strong pace, 6.2 miles, 1700' elevation gain. Group limit 10. Contact leader by 3/19. David Hathaway, 899-9982 or [david.hathaway.78@gmail.com](mailto:david.hathaway.78@gmail.com)

#### **April**

4/4 (Sat) **Sterling Pond via Elephant's Head Trail** We'll park at the gate on 108 at Stowe Ski Resort, hike up the closed road until we come to the Elephant's Head Trail, and then hike up to Sterling Pond. On the way down we may take a shorter trail and walk the closed portion of 108 sooner if there isn't enough daylight to come back the same route. Difficult hike, moderate pace, 9.6 miles, 1500' elevation gain. Wes Volk, 355-4135 or [wesvolk@gmail.com](mailto:wesvolk@gmail.com)

4/5 (Sun) **Worcester Mountain Trail to Worcester Mountain** Moderate hike, moderate pace, 5 miles, 1970' elevation gain. Meet at 10am in the parking area on Mountain Road, Worcester. Contact leader by 4/3. Lindsay Pokorak, 607-242-7420, or [lpokorak@gmail.com](mailto:lpokorak@gmail.com)

4/11 (Sat) **Mount Hunger & White Rock** We'll snowshoe the Waterbury trail to the summit of Mount Hunger, taking a side trip to the summit of nearby White Rock Mountain on the way back. Difficult hike, moderate to strong pace, ~6.5 miles, ~2500' elevation gain. Group limit 10. Contact leader by 4/9. David Hathaway, 899-9982 or [david.hathaway.78@gmail.com](mailto:david.hathaway.78@gmail.com)

4/12 (Sun) **Middlebury to Vergennes Bike Loop** We'll earn our ice cream riding low-traffic roads from Vergennes to Middlebury for lunch. There will be several stops to admire the scenery and the company before we return to Vergennes. Moderate (hilly) at a non-competitive pace, 25 miles. Group limit 8. Mary Lou Recor, [mlrecor@myfairpoint.net](mailto:mlrecor@myfairpoint.net), 660-2834.

4/19 (Sun) **Paddle Around the LaPlatte River Marsh Natural Area** We'll paddle around the LaPlatte River Natural Area in Shelburne (a Nature Conservancy habitat). Length and duration of outing to be determined by group. Use this as a chance to learn about this unique river shore area, a habitat for migratory waterfowl, beavers, etc. The marsh area is located at the end of the LaPlatte River, which we'll attempt to paddle. The LaPlatte runs 16 miles from Lake Iroquois to Lake Champlain. The lakeshore area is regularly flooded when the lake level rises. Spring is the best time to go, as one can paddle through stands of maple and willow if conditions are right. Contact [ted@ted-albers.net](mailto:ted@ted-albers.net) by Saturday evening, April 18th.

4/25 (Sat) **Mills Riverside Park** We'll explore the trails of the Mills Riverside Park in Jericho. Easy hike at a moderate pace, ~3-4 miles, ~ 300' elevation change. Group limit 15. Contact leader in advance. David Hathaway, 899-9982 or [david.hathaway.78@gmail.com](mailto:david.hathaway.78@gmail.com)

### **April Outings – cont.**

4/26 (Sun) **Shelburne Pond Paddle and Skinny Dipping** Enjoy a fun and possibly chilly canoe or kayak paddle on Shelburne Pond. We'll paddle for as long as the group wants to go. Remember life jackets and bring a picnic lunch, as we'll be starting around 10am. Contact [ted@ted-albers.net](mailto:ted@ted-albers.net) by 4/25 evening.

### **May**

5/2 (Sat) **Mount Ethan Allen via Forest City Trail** Learn native trees in a variety of forest communities, swim in mountain streams, and witness majestic views. Moderate terrain, moderate pace, 10 miles round trip, 2200' elevation gain. Group limit 8. Contact leader by 4/28. Adam Heckle, [aheckle@uvm.edu](mailto:aheckle@uvm.edu)

5/3 (Sun) **Wildflower Hike at Niquette Bay State Park** We'll hike the trails on the perimeter of Niquette Bay State Park while looking for early spring wildflowers. Easy terrain, moderate pace, 3.5 miles, relatively gentle ups/downs and stairs. Group limit 15. Contact leader by 5/1. Sheri Larsen, [larsen007@aol.com](mailto:larsen007@aol.com) or 878-6828.

5/9 (Sat) **Spring Trail Work** Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or [gillis1986@gmail.com](mailto:gillis1986@gmail.com), and John Sharp, 862-3941.

5/10 (Sun) **Easy Snake Mountain hike for Beginners, Kids, Dogs** One of the easiest and most rewarding wilderness summits in VT, Snake Mountain offers an interesting history, open views, a unique natural lake close to the summit, and easy walking along an old carriage road. All ages and fitness levels are welcome to join. Easy, leisurely pace, 3.6 miles, 900' elevation gain. Contact leader beforehand. Wolfgang Hokenmaier, 343-8175 or [wolfgang.hokenmaier@gmail.com](mailto:wolfgang.hokenmaier@gmail.com)

5/16 (Sat) **Spring Trail Work** Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or [gillis1986@gmail.com](mailto:gillis1986@gmail.com), and John Sharp, 862-3941.

5/17 (Sun) **Bike the Missisquoi Valley Rail Trail** We'll start in St. Albans and bicycle the full 26-mile length of the trail to Richford, and then return. Difficult because of distance (52 miles), moderate to strong pace, elevation change negligible. Group limit 10, Contact leader by 5/15. David Hathaway, 899-9982 or [david.hathaway.78@gmail.com](mailto:david.hathaway.78@gmail.com)

5/17 (Sun) **Bird Walk in Essex** The one-mile loop at Woodside Nature Area is one of the prime birding spots in the state. We'll get an early start, walk it slowly in one direction, and then turn around and walk it the other way. Easy, with a few wooden staircases. Maeve Kim, 899-4327 or [maevulus@surfglobal.net](mailto:maevulus@surfglobal.net)

5/23 (Sat) **Spring Trail Work** Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or [gillis1986@gmail.com](mailto:gillis1986@gmail.com), and John Sharp, 862-3941.

5/24 (Sun) **Molly Stark Mountain via Bean Trail** Enjoy a morel hunt along a sidetrail leading to the L.T. and views from the summit. Birding will be in full swing! Moderate terrain, moderate pace, 9 miles round trip, 2000' elevation gain. Group limit 8. Contact leader by 5/20. Adam Heckle, [aheckle@uvm.edu](mailto:aheckle@uvm.edu)

5/25 (Mon-Memorial Day) **Camels Hump West Loop/Burrows Trail** From the Burrows Trail, we'll connect to the Forest City Trail then join the Long Trail north to the summit. We'll descend to the parking lot via the Burrows Trail. 5.8 miles, moderate pace. [maxseaton2@gmail.com](mailto:maxseaton2@gmail.com) or 802-999-3945.

5/30 (Sat) **Spring Trail Work** Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or [gillis1986@gmail.com](mailto:gillis1986@gmail.com), and John Sharp, 862-3941.

5/31 (Sun) **Camels Hump Loop** From Burrows parking lot we'll cut over to Forest City Trail and hike up to the Long Trail. From the summit, we'll come down the Burrows Trail back to the parking lot. Moderate hike, moderate pace, 5.2 miles, -2200' elevation gain. Contact leader in advance. Wes Volk, 355-4135 or [wesvolk@gmail.com](mailto:wesvolk@gmail.com)

## June

6/6 (Sat) **National Trails Day Work Hike** Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8am or Richmond Park & Ride (Exit 11) at 8:30am. Moderate hike, moderate pace, 4-10 miles, 2000' elevation gain. Pam Gillis, 879-1457 or gillis1986@gmail.com, and John Sharp, 862-3941.

6/7 (Sun) **Moosalamoo Adventure & Fishing Hike** A variety of trails among forests, cliffs, waterfalls, streams, and lakes. Bring a fishing pole and your fishing license to try your luck after the hike. Moderate terrain, moderate pace, 8 miles round trip, 1500' elevation gain. Group limit 8. Contact leader by 6/3. Adam Heckle, aheckle@uvm.edu

6/20 (Sat) **Mount Mansfield Loop Hike** We'll go from the state park up the CCC Road and Maple Ridge, then across the ridge to the summit, and return by Sunset Ridge. Difficult, 9 miles, 3000' vertical climb. Sign up by June 18. Richard Larsen, 878-6828 or larsen007@aol.com

6/21 (Sun) **Belvidere Mountain** We'll hike the Long Trail north to Forester's Trail to the Belvidere Mountain Summit and Fire Tower. Moderate hike, moderate pace, 5.6 miles, 2000' elevation gain. Meet at 10 am in the Long Trail parking area on Route 118, Belvidere Center. Contact leader by 6/19. Lindsay Pokorak, 607-242-7420, or lpokorak@gmail.com

6/27 (Sat) **Mt. Abe, Mt. Ellen, Jerusalem** Super fun hike! We start from the Battell Trail, hike up to Mt. Abe, then hook up to the Long Trail and hike north to Mt. Ellen. Near the top of Mt. Abe there is a cool plane wreck 20' off the trail. We continue north to the Jerusalem Trail junction and hike down to the cars we have dropped off. Difficult hike, moderate pace, 10.8 miles, 2500' elevation gain. Contact leader for details. Wes Volk, 355-4135 or wesvolk@gmail.com

6/28 (Sun) **Abandoned Settlements of Waterbury - History Hike** Come see the remnants of the abandoned settlement west of Waterbury Reservoir. Trails follow ancient roads. Stone fences, cellar holes, and three cemeteries remain. Easy to moderate, 7 to 8 miles with 700 feet of elevation gain; all day outing. Contact leader for details. Joe Frank, 862-1816 or jeffrank2@gmail.com

### ***Smooth Waters – continued from page 4***

***Arrowhead Mountain Lake*** This dammed up part of the Lamoille River in Georgia and Milton has a split personality. The southern half feels like a deep, wide river and often has fast-moving motorboats. The northern half is a shallow marshy area that's great for paddling and provides a rich habitat for many birds. There are several osprey nests close to the water. You might also see terns, herons, kingfishers and ducks.

***Colchester Pond*** This little gem doesn't offer exciting paddling, but it's close to Burlington and fine for a lazy summer afternoon. It's also a great place for boating with children or trying out a new canoe, with no chance of being swamped by anything large or noisy.

***Kingsland Bay*** The Kingsland Bay Fishing Access area is a gateway to Lake Champlain and Little Otter Creek. If you're looking for a quiet paddle with few motorboats, head up Little Otter Creek rather than out toward the Lake.

***Bristol Pond (aka Winona Lake)*** – Sandhill Cranes have nested in this area for several years now, making it a favorite place for birders who paddle. Like many locations with state fishing accesses, the pond tends to be busy on nice summer weekends – but a mid-week paddle can be quiet and solitary.

***Burton Island*** – If you're looking for an all-day outing, paddle from the boat launch in Killkare State Park (in St. Albans Town) and then around the island. Have lunch in the nice little deli, and then paddle further and circumnavigate nearby Woods Island (also a state park) before heading home.

**Important Note:** Before heading out on the broad lake, a paddler should be an experienced boater, a good swimmer, and wearing a PFD (personal flotation device). It's also a good idea to go with a small group rather than alone. The bays and inlets generally offer calmer water, but anywhere on the lake you're likely to encounter wind and waves as well as wakes from big boats.

Check out [www.lakechamplaincommittee.org](http://www.lakechamplaincommittee.org) for information about the Lake Champlain Paddlers' Trail. The Lake Champlain Basin Program started this project with help from the National Park Service and the New York State Natural Heritage Trust. The web site provides a history of the project, maps, information about overnight camping areas (there are several on Burton Island), and guidelines for responsible use of the trail.

***Ridge Lines***

**GMC BURLINGTON SECTION**

Green Mountain Club

4711 Waterbury-Stowe Road

Waterbury Center VT 05677

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