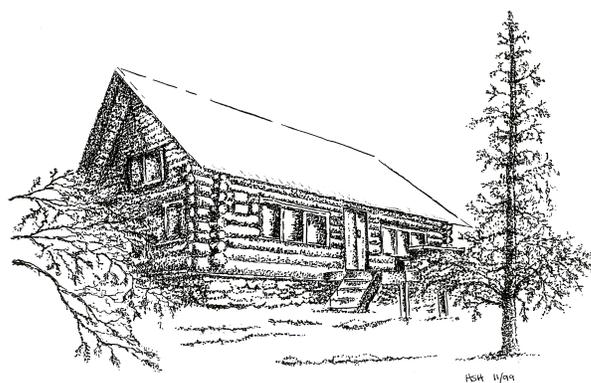


# RIDGE LINES

GREEN MOUNTAIN CLUB  
BURLINGTON SECTION

Summer 2019



[www.gmcburlington.org](http://www.gmcburlington.org)  
[gmc@gmcburlington.org](mailto:gmc@gmcburlington.org)

**Have you ever attended an Annual Meeting of the  
whole Green Mountain Club?  
If yes, you already know how enjoyable these events are.  
If not, this year is a great time for your debut attendance!**

This issue of *Ridge Lines* is coming to you a bit earlier than usual so we can tell you about **Green Mountain Club's 2019 Annual Meeting**. Hikers, paddlers, bikers, and nature lovers will meet at Windridge Tennis and Sports Camps in Roxbury VT from 4:30PM Friday May 31 through Sunday June 2. Load up the car with your bike, boots, pack, tent, kayak, camp chairs and favorite campfire clothes, and plan on a thoroughly enjoyable weekend with old friends and soon-to-be friends.

Please leave pets at home.

This year's Annual Meeting is sponsored by the Montpelier Section. It will be a wonderful opportunity to share stories and club news and to celebrate our beautiful state. The venue includes over 250 acres of forest, hills, meadows and playing fields.

There's a Friday morning work hike in Lincoln Gap, and then registration for the weekend begins at 4:30. (That's when the venue opens, so please don't arrive earlier.) On Saturday and Sunday, there will be short and long hikes, a trail maintenance workshop, a bird walk, a trail run, kids' activities, yoga, tai chi, a silent auction, a campfire, and a presentation by photographer and naturalist Sue Morse.

**For more information and to register, go to  
[www.greenmountainclub.org/annual-meeting/](http://www.greenmountainclub.org/annual-meeting/)**

On Sunday morning from 9:30-11:30, our own David Hathaway will lead a workshop called "Best Practices for Trip Leaders". Bring your questions, issues, concerns, and insights. This will be an interactive discussion!

**Also in this issue:**  
**Update on Archives – page 2**  
**Another DIY Trail Food Recipe – page 3**  
**Update on Burlington Historic Marker – page 3**  
**Vermont's Nesting Peregrine Falcons – page 4**  
**Trips and Outings – pages 5 – 7**

(Note: The "fridge card" – the short summary of outings that many members put on their refrigerators – is now on page 8.)

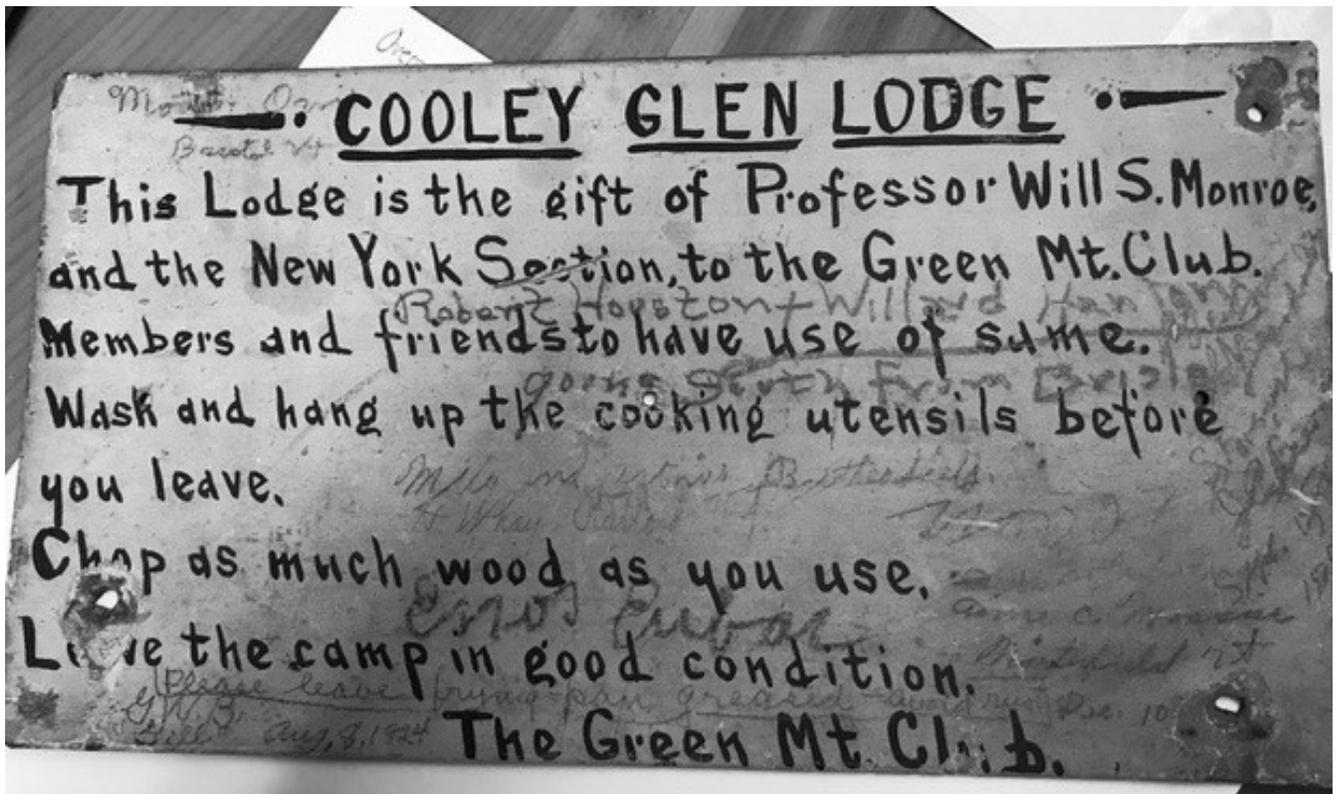
## UPDATE ON ARCHIVES

In the Spring issue, we asked for help with the Burlington archives, which are piled high at GMC headquarters in Waterbury Center. The archives are priceless pieces of history, including the club's first financial report, shelter logs, letters documenting our agreements with the State, land acquisitions, and 90-year-old meeting notes handwritten by GMC's founders. The goal is to make on a computerized index so the documents and artifacts are more accessible to historians and interested club members.



Ed Fitzgerald joined President Ted to start the indexing project.

Below: close-up of a real antique from Cooley Glen Lodge



## MAKE YOUR OWN TRAIL FOOD – part 2

In our last issue, we reprinted a recipe for Congo Bars, a rich and nourishing trail food that features oats, Grape Nuts, chocolate, walnuts and raisins. This issue's recipe isn't quite as yummy, but the stuff provides energy and lasts forever! It's based on food used by sailors on sailing ships, and it fueled scores of backpacking trips completed by editor Maeve Kim's father. Her dad, Taze, was a native Vermonter who grew up in Morrisville, Elmore and Jeffersonville. He started hiking as a child, spent thousands of hours roaming around on "his mountain" (Mansfield), and earned a Long Trail End-to-End badge.

A Depression child, Taze was always careful about money. Even if there had been an REI or an EMS close by, he *never* would have filled his pack with expensive freeze-dried food. He always sent away for just one or two packaged meals and then filled out his menu with readily-available favorites such as Spam and beef jerky, Minute Rice, ramen, canned stew, and Jell-O (which he mixed with boiling water and drank for a warming energy boost). Then, a day or two before he started a backpacking trip, he would make hardtack to munch as he hiked.

### **Papa's Hardtack**

1 cup wheat germ

1 cup whole wheat flour

1 cup rye flour

1 cup corn meal

1 cup soybean flour

8 ounces honey

2 ounces corn oil

1 tablespoon salt

enough water to make a workable dough

Knead until all the ingredients are mixed. Roll to an eighth of an inch. Cut to desired shape.

Place on lightly greased and lightly floured cookie sheets and bake at 225 degrees for an hour and twenty minutes.

### **UPDATE ON GMC HISTORIC MARKER IN BURLINGTON**

In our September 2018 issue, we reported on plans for an official Vermont Roadside Historic Marker on the corner of St. Paul and Main Streets in Burlington, at the site of the former Van Ness House. In its heyday, the Van Ness House hosted three presidents (McKinley, T. Roosevelt and Taft) and was the home of GMC founder James P. Taylor. The Green Mountain Club was born in the hotel back in March 1910, when a group of hiking enthusiasts organized to "make the Vermont mountains play a larger part in the life of the people."

Application for the marker was submitted to the Vermont Division for Historic Preservation and has been approved. Mike DeBonis, Executive Director of the Green Mountain Club, reports that the marker should be ready for installation by next fall. It will be on the Main Street side of the intersection, and a semi-permanent art exhibit celebrating the connection between Burlington and Mt. Mansfield will be on the St. Paul Street side.

Mt. Mansfield is the tallest state peak closest to the largest urban center anywhere in the country. The art exhibit will feature the number of steps it would take to walk from Burlington to the top of Mansfield (approximately 58,122).

## **VERMONT'S NESTING PEREGRINES**

Peregrine Falcons are raptors (birds of prey) with longer, more pointed wings and longer tails than hawks. They're about the same size as crows but have a wider wingspan, as much as 39 inches. And they fly much faster than crows, up to 200 miles per hour when they're diving on prey. They eat primarily birds and usually catch their prey in midair.

The word "peregrine" means wanderer, and it's an appropriate name for these birds. A young peregrine that's fledged on a Vermont cliff might go as far as Mexico for its "winter break".

Peregrines breed in just about every ice-free part of the globe except New Zealand. They usually nest on high rocky ledges close enough to open hunting areas so they can leave their young for hunting expeditions. (In the last few decades, though, nesting peregrines have shown up in many big cities, where they treat skyscrapers as cliffs and urban streets as canyons.) These dramatic-looking birds were almost wiped out in the 1950s and 1960s by DDT, but the population rebounded after that insecticide was banned.

Since then, peregrines have chosen almost forty locations in Vermont to nest and rear their young. Every summer, the Vermont Fish & Wildlife Department closes some hiking trails, cliffs and parking pull-offs to protect the nesting birds. In many cases, the lower portions of trails remain open while the high cliffs and trails leading to cliff tops or overlooks are closed. Most closed areas are reopened the first of August.

This year, peregrines have begun nesting, and Fish & Wildlife has closed the following sites:

**Barnet Roadcut (Barnet) – Route 5 pullout closed**  
**Bolton Notch (Bolton) – Upper west cliff closed to climbing**  
**Bone Mountain (Bolton) – Portions of cliff closed to climbing**  
**Deer Leap (Bristol) - Closed**  
**Fairlee Palisades (Fairlee) – Cliff top closed**  
**Hazens Notch (Lowell) – Cliff closed to climbing**  
**Marshfield Mt (Marshfield) – Portions closed to climbing**  
**Mt. Horrid (Goshen) – Great Cliff overlook closed**  
**Nichols Ledge (Woodbury) – Cliff top closed**  
**Rattlesnake Pt (Salisbury) – Cliff top closed**  
**Snake Mountain (Addison) – Overlook south of pond closed**  
**Table Mt (Manchester) – Closed**

Additional sites may be added to the closed list if nesting falcons choose new sites.

Last year's nesting season set a record for Vermont's peregrine falcons, with 67 young birds successfully growing up and leaving the nest. "The peregrine's recovery is a great success story," said Margaret Fowle of Audubon Vermont. "The population continues to do well thanks to the efforts of our many volunteers and partners."

### ***Hikers can do their part by following these guidelines:***

Look for and obey signs about closed trails and cliffs.

Even if you don't see a sign, stay at least a quarter of a mile from a known nest site during the breeding season (March-July).

If you're lucky enough to see one of these magnificent birds, call Fish and Wildlife at 802-828-1000 or e-mail the department at [fwinformation@vermont.gov](mailto:fwinformation@vermont.gov)

If you see a peregrine falcon and it starts making a loud noise like "kek-kek-kek", back off immediately. That's the bird's danger call, indicating that it is feeling stressed.

If you observe people disturbing a nesting peregrine, please report the incident as soon as possible to your local game warden.

## Section Outings

### Summer 2019

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. Check with trip leader before bringing your pet along. Human guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of 10 cents a mile.

### June

6/1 (Sat) **Spring Trail Work - National Trails Day** Help clear the Long Trail (and some side trails). Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8AM or Richmond Park & Ride (Exit 11) at 8:30AM. Likely to be cancelled if need work is done on earlier trips. Moderate work trip, slow-moderate pace, 4-10 miles, 1000-2000' elevation gain. John Sharp, 862-3941 or john.sharp@uvm.edu. Paul Beliveau, pbeliveau@gmail.com.

6/2 (Sun) **Bird Monitoring Walk** 8:30am-11am at the new Wolcott Family Natural Area. Varying terrain and 7 boardwalks, plus a large staircase down to the trail. Join Juli in the first community Bird Monitoring Walk ever to be held at the new park! Winooski Valley Park District will have binoculars and field guides available to borrow. No experience necessary, open to all ages. Easy walk, 1.5 miles. Juli Tyson, americorps@wvdpd.org or 978-994-0482.

6/2 (Sun) **Worcester Ridge** We'll climb the Middlesex Trail to the summit of Mt. Hunger, then follow the Skyline Trail to Mt. Worcester, returning on the Worcester Mt. Trail. Difficult hike, 11.4 miles, 3000' elevation gain. Lindsay Pokorak, lpokorak@gmail.com.

6/8 (Sat) **Camels Hump via Monroe Trail** Starting from the Couching Lion Farm Site in Duxbury, we'll climb the Monroe Trail to the summit of Camel's Hump and return the same way. Difficult hike., 6.8 miles, 2700' elevation gain. Kim Farone, kfarone@yahoo.com.

6/9 (Sun) **Stowe-Morrisville Loop** We'll follow Stagecoach Road from Stowe to Morrisville, then return via Randolph Road. Moderate bicycle ride at an easy pace, 20 miles. Group limit 8. Contact leader by 6/8. Mary Lou Recor, mlrecor@myfairpoint.net or 660-2834.

6/15 (Sat) **Camels Hump via Bamforth Ridge** From the Winooski River we'll climb the largest elevation gain on the Long rail to the summit of Camels Hump and return. Difficult hike, moderate pace, 12.4 miles, 4000' elevation gain. David Hathaway, david.hathaway.78@gmail.com or 899-9982.

6/16 (Sun) **Rattlesnake Mt, NY** Great views across the lake from the summit. Easy hike, slow pace, 3 miles, 700' elevation gain. Beth Ruskai, mbruskai@gmail.com.

6/22 (Sat) **Dogwood Bakery Ride** The sole purpose of this bike ride is to burn the calories we'll consume at the Dogwood Bakery in Wadhams, New York. We'll take the ferry from Charlotte, ride from Essex to Wadhams to Westport and back to Essex. Hilly bicycle ride, easy pace, 25 miles. Group limit 8. Contact leader by 6/21. Mary Lou Recor, mlrecor@myfairpoint.net or 660-2834.

6/22 (Sat) **Bolton Lodge Firewood Stack** The GMC is having firewood delivered to Bolton Lodge to get the camp ready for a year of rentals. They are looking for a work party to get the firewood stacked in the woodshed, and have asked for our help. Many hands will make short work of it. Meet at the Richmond park & ride at I89 exit 11 at 8:30. Or if it isn't on your way to Bolton, meet us at 9 AM at the parking area with the gate at the base of the trail up to Bolton Lodge, where the Catamount Trail crosses the Bolton Valley Access Road. Rain date June 23. Contact david.hathaway.78@gmail.com or 899-9982.

6/23 (Sun) **Colvin, Blake, Nippletop, & Dial, ADK** An opportunity to bag 4 ADK peaks in one hike on a long summer day, starting from the St. Hubert's parking area. Anyone who wants to pass on Blake can wait on Colvin for the others to return. Difficult hike, moderate to strong pace, 17 miles, 6100' elevation gain. Dana Bolton, boltondj@comcast.net.

6/29 (Sat) **Bird Monitoring Walk** 8:30am at Delta Park in Colchester. We return to Delta Park once again to see what waterfowl we can scope out on the lake and who's singing in the trees. Winooski Valley Park District will have binoculars and field guides available to borrow. No experience necessary, open to all ages. Easy walk. Juli Tyson, americorps@wvdpd.org or 978-994-0482.

6/30 (Sun) **Spruce Ledge Camp** This hike will follow the Long Trail from VT118 through Devil's Gulch to Spruce Ledge Camp. After a leisurely lunch at the camp, we'll return via the Babcock Trail past Big Muddy Pond. Moderate hike, 6 miles. Dana Baron, dk.baron@comcast.net or 373-8613.

## July Outings

7/6 (Sat) **Laraway Loop** From Davis Neighborhood we'll head over to Coddington Hollow, follow the Long Trail up over Laraway Mountain, and return via Davis Neighborhood Trail. Moderate hike, moderate pace, 8 miles, 1600' elevation gain. david.hathaway.78@gmail.com or 899-9982.

7/7 (Sun) **Tillotson Camp to Hazen's Notch** We'll follow the Frank Post Trail to Tillotson Camp, then head north on the Long Trail to Hazen's Notch. Highlights include Tillotson Camp (no view), Tillotson Peak (no view) and Haystack Mountain (not much of a view). Moderate hike, 6.6 miles. Contact leader by 7/6. Mary Lou Recor, mlrecor@myfairpoint.net or 660-2834.

7/13 (Sat) **Mystery hike** Contact the trip leader for more information. Moderate hike. Wes Volk, wesvolk@gmail.com.

7/14 (Sun) **Mansfield Forehead** We'll start from Stevensville Road trailhead, head up Butler Lodge Trail, take Wallace Cutoff and the LT (or possibly Wampahoofus and Maple Ridge) and proceed up to the Forehead. On the return, we'll take Maple Ridge, then Rock Garden back over to Butler Lodge Trail and down. We may reverse the loop depending on which way promises to be the most fun! Difficult hike at a moderate pace, 6.4 miles, 2600' elevation gain. Jill George, jillghiker@gmail.com.

7/14 (Sun) **Raven Ridge Natural Area** Easy ramble, maybe two hours total including a long lunch break. There are a few short steep rocky parts, but it's a short hike with some nice views – and The Nature Conservancy has put in stone steps at the steepest part and improved the steep path that gives access to the unusual rock formation known as "the oven". Raven Ridge, a rocky forest refuge for a variety of wildlife, property stretches from Lewis Creek south along a ridge on the boundary of Charlotte and Hinesburg to a large wetland complex in Monkton. Birding enthusiasts should bring binoculars. All should bring a lunch as we'll make this a picnic outing. Contact me for meetup times. If it's hot that day, I'll be stopping at Bristol Falls for a dunk on the way home, and all are welcome to join me! Easy hike, 2 miles, 400' elevation gain. Ted Albers, ted@ted-albers.net.

7/20 (Sat) **Cantilever Rock** A 2.7 mile hike about half way up Mt. Mansfield leads you to Cantilever Rock. As you approach the area, look up and see this amazing blade of rock 60 feet above you sticking out of a 100-foot cliff. If you've never seen it, you'll want to go on this hike. \$4 state park day use fee. Moderate hike, moderate pace, 5.4 miles, 1200' elevation gain. david.hathaway.78@gmail.com or 899-9982.

7/26 (Fri) **Lincoln Gap to Appalachian Gap** We'll carpool from Burlington to Appalachian Gap to drop off car(s) and proceed to Lincoln Gap for a wonderful all-day ridge walk (up Mt. Abraham then along the Long Trail). Several 4000' peaks with 360 degree views. Bring your binocs and a fun attitude. Ideally we'd like to begin hiking @ 8:30 from Lincoln Gap. Difficult hike, moderate pace, 12.3 miles, 2100' elevation gain. Contact leader by 7/24. Pete Saile, 658-0912.

7/27 (Sat) **Bird Monitoring Walk at Macrae Farm Park** Binoculars and field guides are available to borrow. All are welcome (no expertise on birds necessary). Birds to see here include the Great Blue Heron and Osprey. Macrae is also known for having lots of turtles basking on logs in the river. Easy hike at a leisurely pace, 2.5 miles, no elevation gain. Juli Tyson, AmeriCorps member and environmental educator for the Winooski Valley Park District, 863-5744 or americorps@wvdpd.org.

## August Outings

8/10 (Sat) **Mystery hike** Contact the trip leader for more information. Moderate hike. Wes Volk, wesvolk@gmail.com.

8/11 (Sun) **Mt. Abraham and Lincoln Peak** We'll start from Lincoln Gap and head north on the LT to Mt. Abraham, then on to the observation deck on Lincoln. Return the same way. Moderate-difficult hike, moderate pace, 6.8 miles, 1600' elevation gain. Jill George, jillghiker@gmail.com.

8/17 (Sat) **Bird Monitoring Walk at Ethan Allen Homestead** Binoculars and field guides are available to borrow, all are welcome. Birds to see here include the Green Heron and Barred Owl. We may also run into frogs and garter snakes. Easy hike, leisurely pace, 2 miles, no elevation gain. Juli Tyson, AmeriCorps member and environmental educator for the Winooski Valley Park District, 863-5744 or americorps@wvdpd.org.

8/24 (Sat) **Rock Garden on Mt Mansfield** We'll go up the Frost Trail to Maple Ridge with lots of views to the west, over Rock Garden with its fascinating rock formations, to Butler Lodge for lunch. Down Butler Lodge Trail. Moderate hike, moderate pace, 4.3 miles, 1500' elevation gain. David Hathaway, david.hathaway.78@gmail.com or 899-9982.

## August Outings - continued

8/31 (Sat) **Hike Around Mansfield** From Underhill State Park we'll climb Sunset Ridge to the summit, then make a loop on the west and east sides of the ridge through Subway, Canyon, Lakeview, Amherst, and Cliff Trails, then return on Laura Cowles. This route has some very difficult trail sections. Difficult hike, moderate pace, 11.1 miles, 3500' elevation gain. David Hathaway, david.hathaway.78@gmail.com or 899-9982.

## September Outings

9/7 (Sat) **Mystery hike** Contact the trip leader for more information. Moderate hike. Wes Volk, wesvolk@gmail.com.

9/14 (Sat) **Bird Monitoring Walk at Delta Park IBA** We'll walk out to the bridge over the Winooski River Delta along the Burlington Bike Path, unless the lake is low enough to allow us to walk along the shore. No bird expertise needed! All are welcome, and there will be binoculars and field guides available to borrow. Birds to see here include many different species of shore birds and waterfowl, plus Bald Eagles. Easy hike, leisurely pace, 1 mile, no elevation gain. Juli Tyson, AmeriCorps member and environmental educator for the Winooski Valley Park District, 863-5744 or americorps@wvdpd.org.

9/15 (Sun) **South Boquet via Wildly Overlook Trail** An easy but scenic hike with great views of Lake Champlain and the Green Mountains. The trailhead in NY is a few miles SW of the Essex Ferry terminal. Easy hike, 1.6 miles, 600' elevation gain. Beth Ruskai, mbruskai@gmail.com.

9/21-22 (Sat-Sun) **Paddle to Putnam Pond, ADKs** Celebrate the last weekend of summer at New York's Putnam Pond State Park between Ticonderoga and Paradox. We'll canoe/kayak on the pond and hike one or two of the many trails in the Pharoah Mountain Wilderness. You can come for one or both days. Campsite fee required for overnight camping. Easy-moderate paddle. Group limit 8. Contact leader by 9/14. Mary Lou Recor, mlrecor@myfairpoint.net or 660-2834.

9/22 (Sun) **Hell Brook Trail Loop** Get that Big Mountain feeling less than an hour from home. We'll ascend aptly named Hell Brook trail to climb Mt. Mansfield via the exposed northern ridge. Participants must be sure-footed. Small sections of rock scrambling. Descent is via the much easier Long Trail. Difficult hike, 5 miles. Group limit 8. Wolfgang Hokenmaier, 343-8175 or hogges@gmx.net .

9/28 (Sat) **Smugglers Notch to Rt 15** From the top of Smugglers Notch we'll climb to Sterling Pond, then follow the Long Trail over Madonna and Morse Mountains, continue to Whiteface Mountain and continue north on the Long Trail to Rt 15. Difficult hike, moderate pace, 12.5 miles, 2700' elevation gain. David Hathaway, david.hathaway.78@gmail.com or 899-9982.

9/29 (Sun) **Stowe Pinnacle** This is a short but relatively steep hike talking about 2 1/2 hours including a long lunch, with a pretty view if clear - which I promise will be. The trailhead is east of Stowe village and is part of the Worcester Range. For those wanting a longer outing you are welcome to continue walking (up!) the more difficult Ridge Trail on your own, which intersects this trail. Moderate hike. 2.8 miles. 1520' elevation gain. Ted Albers, ted@ted-albers.net.

Trip leader Mary Lou Recor often reports on her outings in verse. Here's a limerick about a February 17 hike.

### Lincoln Gap to Cooley Glen

You won't find this outing on "Meet-up."  
For the bushes did get us all beat up.  
It's hard to say why  
When we could just lie  
At home on the couch with our feet up.  
There were five of us breaking trail and whacking bushes.

### And a March 30 expedition inspired a blog posting at

<https://vtbirdsandwords.blogspot.com/2019/04/green-mountain-club-lake-champlain.html>

**Geese, eagles, ospreys, grebes, ducks, gulls – even two Great Blue Herons adroitly balancing in the top of a tall tree.**

**Ridge Lines**  
**GMC BURLINGTON SECTION**

Green Mountain Club  
4711 Waterbury-Stowe Road  
Waterbury Center VT 05677

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**JULY 2019**

- 6 (Sat) **Laraway Loop M**  
8 mi. David Hathaway,  
david.hathaway.78@gmail.com 899-9982
- 7 (Sun) **Tillotson Camp to Hazen's Notch M**  
6.6 mi. Mary Lou Recor, 660-2834  
mlrecor@myfairpoint.net
- 13 (Sat) **Mystery hike (moderate) M**  
Wes Volk, wesvolk@gmail.com
- 14 (Sun) **Mansfield Forehead D**  
6.4 mi. Jill George, jillghiker@gmail.com
- 14 (Sun) **Raven Ridge E**  
2 mi. Ted Albers, ted@ted-albers.net
- 20 (Sat) **Cantilever Rock M**  
5.4 mi. David Hathaway,  
david.hathaway.78@gmail.com 899-9982
- 26 (Fri) **Lincoln Gap to App Gap D**  
12.3 mi. Pete Saile, 658-0912
- 27 (Sat) **Birding at Macrae Farm Park E**  
2.5 mi. Juli Tyson, 863-5744 americorps@wvvpd.org

**AUGUST 2019**

- 10 (Sat) **Mystery hike (moderate) M**  
Wes Volk, wesvolk@gmail.com
- 11 (Sun) **Mt. Abraham and Lincoln Peak M**  
6.8 mi. Jill George, jillghiker@gmail.com
- 17 (Sat) **Birding at Ethan Allen Homestead E**  
2 mi. Juli Tyson, 863-5744 americorps@wvvpd.org

**AUGUST - continued**

- 24 (Sat) **Rock Garden on Mt Mansfield M**  
4.3 mi. David Hathaway,  
david.hathaway.78@gmail.com 899-9982
- 31 (Sat) **Hike around Mansfield D**  
11.1 mi. David Hathaway,  
david.hathaway.78@gmail.com 899-9982

**SEPTEMBER 2019**

- 7 (Sat) **Mystery hike (moderate) M**  
Wes Volk, wesvolk@gmail.com
- 14 (Sat) **Birding at Delta Park E**  
1 mi. Juli Tyson, 863-5744 jstyson17@gmail.com
- 15 (Sun) **South Boquet E**  
1.6 mi. Beth Ruskai, mbruskai@gmail.com
- 21-22 (Sat-Sun) **Putnam Pond Paddle & Hike E**  
Mary Lou Recor, mlrecor@myfairpoint.net 660-2834
- 22 (Sun) **Hell Brook Trail Loop D**  
5 mi. Wolfgang Hokenmaier, 343-8175  
hoggess@gmx.net
- 28 (Sat) **Smugglers Notch to Rt 15 D**  
12.5 mi. David Hathaway,  
david.hathaway.78@gmail.com 899-9982
- 29 (Sun) **Stowe Pinnacle M**  
2.8 mi. Ted Albers, ted@ted-albers.net

**Check website for changes:**

[gmc Burlington.org/category/outings-current](http://gmc Burlington.org/category/outings-current)